



Pathways to Prevention

RESOURCE DIRECTORY



TABLE OF CONTENTS

Office Locations	3
CalWORKs	4
CalFresh	4
Medi-Cal	4
General Assistance	5
Home Visitation Program	6
Child Protective Services	7
Prevention and Support Programs	9
Family Resource Centers	11
Pregnancy	13
Basic Needs Assistance	15
Utilities	16
Department of Human Services - Housing Support Unit	16
Employment	18
Vital Docs	20
Veterans	21
Transportation	22
Legal Assistance and Domestic Violence Resources	23
Tribal Resources	25
Educational/Child Care	27
Dream Center	31
Aging and Disability Resources	33
Mental Health	34
For Adults	36
Other Resources	38

OFFICE LOCATIONS

BAKERSFIELD

100 E. California Ave.
Bakersfield, CA 93307



DELANO

1816 Cecil Ave.
Delano, CA 93215



LAKE ISABELLA

7050 Lake Isabella Blvd.
Lake Isabella, CA 93240



LAMONT

10215 Stobaugh St.
Lamont, CA 93241



MOJAVE

2340 State Hwy. 58
Mojave, CA 93501



RIDGECREST

145 E. Ridgecrest Blvd.
Ridgecrest, CA 93555



SHAFTER

115 Central Valley Hwy.
Shafter, CA 93263



TAFT

119 N. 10th St.
Taft, CA 93268





CALWORKs

California Work Opportunity and Responsibility to Kids (CalWORKs)

Who is it for?

CalWORKs is a public assistance program that provides cash aid and services to eligible families that have a child(ren) in the home. The program serves all 58 counties in the state and is operated locally by county welfare departments.

If a family has little or no cash and needs housing, food, utilities, clothing or medical care, they may be eligible to receive immediate short-term help. Families that apply and qualify for ongoing assistance receive money each month to help pay for housing, food and other necessary expenses.

The amount of a family's monthly assistance payment depends on a number of factors, including the number of people who are eligible and the special needs of any of those family members. The income of the family is considered in calculating the amount of cash aid the family receives.

Specific eligibility requirements include an applicant's citizenship, age, income, resources, assets and other factors. Generally, services are available to:

- › Families that have a child(ren) in the home who has been deprived of parental support or care because of the absence, disability or death of either parent.
- › Families with a child(ren) when both parents are in the home but the principal earner is unemployed.
- › Needy caretaker relatives of a foster child(ren).

CALFRESH

Low-income individuals and families use CalFresh to purchase groceries at many food stores. CalFresh benefits are issued on an Electronic Benefit Transfer (EBT) card that looks like any other credit card. The amount of your benefits depends on your family size, income, and monthly expenses.

MEDI-CAL

Medi-Cal provides free or low-cost health insurance for eligible individuals that comes with a range of health benefits and services.

You and/or your family may qualify for participation in the Medi-Cal program. Even if you are working, own a house, own a car, are married, or are not a U.S. Citizen, you may be eligible for Medi-Cal health care benefits.

You can qualify for free Medi-Cal health coverage if your income is within certain limits.

You may also qualify for Medi-Cal health coverage with a share of cost if your income is above the program limits. This means you would have to pay a certain amount (deductible) before Medi-Cal would cover.

If your family does not qualify for free Medi-Cal or with a share of cost, you may purchase health insurance through Covered California. You may apply and find more information about Covered California at www.healthforcalifornia.com

GENERAL ASSISTANCE

The Kern County General Assistance (GA) Program provides financial assistance to residents of Kern County who have no other means of support. Single adults and couples without minor children may be eligible. The General Assistance program provides minimal assistance with rent, utilities, transportation and personal needs.

General Assistance applicants may also be eligible for CalFresh and/or Medi-Cal. If you have a long-term disability, you may be eligible for Supplemental Security Income (SSI). The Kern County Department of Human Services has a Disability Advocate program to assist GA applicants with the SSI process.

FOUR WAYS TO APPLY		CalWORKs	CalFresh	Medi-Cal	General Assistance
 Online	- Start the application process from anywhere using a secure internet location. Save time apply on line. - Sign in using your existing account or sign up for a new account and submit an online application. - You can apply for multiple programs on one application. - To apply, visit: www.benefitscal.com	✓	✓	✓	✗
	 In-Person	✓	✓	✓	✓
	 Phone	✗	✓	✓	✗
	 Fax/Mail	✓	✓	✓	✗



HOME VISITATION PROGRAM

Home visiting is an evidence-based, voluntary program that pairs new parents with a nurse or trained professional who makes regular visits to the participant's home to provide guidance, coaching, and access to health and social services.

The HVP supports and resources will include, but will not be limited to: (1) prenatal, infant and toddler care, (2) infant and child nutrition, (3) child developmental screening and assessments, (4) parent education, parent and child interaction, child development, and child care, (5) job readiness and barrier removal, and (6) domestic violence and sexual assault, mental health, and substance abuse treatment, as applicable.

In order to be eligible for HVP an individual must meet both of the following criteria:

A. The individual is one of the following:

- › A member of a CalWORKs assistance unit.
- › The parent or caretaker relative for a child-only case.
- › A pregnant individual who has applied for CalWORKs aid.
- › An individual who is apparently eligible for CalWORKs aid.

B. The individual is pregnant or the individual is a parent or caretaker relative of a child less than 24 months of age at the time the individual enrolls in the program.

CHILD PROTECTIVE SERVICES (CPS)

We know that receiving a visit from Child Protective Services can be concerning. However, CPS believes that every child deserves to grow up in a safe, loving family environment – and that means investigating reports of potential child abuse or neglect.

What to expect

When CPS receives a call on our Child Protection Hotline, we determine if the report meets the requirements of an investigation according to the law. If it does, a thorough investigation will be conducted to assess child safety and ensure the well-being of every child in the family.

No two reports are handled the same way and are based on each child's situation. Child abuse and neglect investigations can be conducted by CPS and/or law enforcement. CPS focuses on the safety and well-being of the child and family, while law enforcement focuses on determining whether a crime has been committed. Not all CPS reports require an investigation by law enforcement.

During an investigation

An Emergency Response Social Worker will visit your home and determine whether your child can safely stay in your home during the investigation. CPS's first objective is to enable your children to remain safely with you at home.

However, if that is not possible, CPS in partnership with parents, may make temporary arrangements and create a safety plan for your child to stay with an approved relative or family friend while the investigation continues.

If it is determined that your child must be immediately removed from your home, Emergency Removal procedures will be enacted.

Over the next 30 days or less, the social worker will continue to investigate your child's situation to determine whether or not a case should be opened. They will:

- › Review your family's history with CPS
- › Contact the reporter of the concern
- › Conduct home visits
- › Interview all parties involved, including the parents, children, siblings, and other adults in the home to assess your child's safety and well-being.

If the investigation is unfounded

If no credible evidence of maltreatment or neglect is found, you and your family can choose to participate in voluntary support services with a community organization that is designed to help your family overcome struggles and maintain stability. The investigation will then be closed.

If the investigation finds credible evidence

If there is evidence of abuse/neglect, a Court Intake Social Worker could be assigned to your family. The Court Intake Social Worker will evaluate your case and depending on the severity of the situation, a petition may be filed with the Kern County Juvenile Dependency Court.

The court will hold hearings to determine if the allegations in the petition are true or not true. The court will then decide whether or not to place your child under its jurisdiction and become dependent on the court. You still maintain parental rights, even while the case is open.

A Family Services Social Worker will be assigned to your family to help develop a case plan and provide you with referrals to services that help to address the concerns with your child's safety and/or wellbeing.

At that point, your case will fall into one of two categories:

Family Maintenance

- › Your child will remain at home with one or both parents, and you will be court-ordered to complete required training or services.

Family Reunification

- › Your child will be temporarily placed out-of-home, away from one or both parents, either with a relative caregiver or in foster care. CPS will then work with you to develop a reunification plan and connect you with services so that you may work toward being reunited with your child.
- › If a petition is not filed with the Juvenile Court, you may be asked to participate in a voluntary case plan to address worries and barriers for your family.
- › It is important to remember that if you have an open investigation with CPS, you have the right to talk with the social worker assigned to your case or your attorney. Navigating this process can be stressful, and confusing, and social workers can be a useful resource.





PREVENTION AND SUPPORT PROGRAMS

Throughout Kern County, CPS partners with Community Based Organizations to provide support services and assistance to parents and families who need help. Whether you have a referral or an open case with CPS, or you're simply a Kern County resident looking for some help these programs are available to you:

Voluntary Family Maintenance Program

Voluntary Family Maintenance (VFM) Program is the provision of non-court, time-limited protective services to families whose children are in potential danger of abuse or neglect when the child can safely remain in the home and the family is willing to accept services and engage in corrective action. VFM services are limited to six months and may be extended under certain circumstances.

Child and Family Team Meetings

Child and Family Team Meetings bring family members together so that, with the support of professionals and community resources, they can create a plan that ensures child safety and meets the family's needs. The family has input about those involved with the process.

Non-Dependent Wraparound Services

Wraparound is a strengths-based planning process that occurs in a team setting to engage with children, youth, and their families. Wraparound shifts focus away from a traditional service-driven, problem-based approach to care and instead follows a strengths-based, needs-driven approach. The intent is to build on individual and family strengths to help families achieve positive goals and improve well-being. Wraparound is also a team-driven process. From the start, a child and family team is formed and works directly with the family as they identify their own needs and strengths. The team develops a service plan that describes specific strategies for meeting the needs identified by the family. The service plan is individualized, with strategies that reflect the child and family's culture and preferences. While traditional Wraparound services are only available to youth in foster care, Kern County provide Wraparound to families prior to court intervention in order to prevent further CPS involvement.

Linkages

Linkages is a collaboration between Eligibility and Financial Services and Child Protective Services within DHS to assist families involved in both programs. The goal is to provide prevention services where possible and support child and family well-being.

Family Urgent Response System (FURS)

[FURS](#) is a coordinated statewide, regional, and county-level system designed to provide collaborative and timely state-level phone-based response and county-level in-home, in-person mobile response during situations of instability, to preserve the relationship of the caregiver and the child or youth.

How FURS Helps and Why It's Important:

- › It provides current and former foster youth and their caregivers with immediate, trauma-informed support when they need it.
- › Prevents placement moves.
- › Preserves the relationship between the child or youth and their caregiver.
- › Provides a trauma-informed alternative for families who previously resorted to calling 911 or law enforcement.
- › Reduces hospitalizations, law enforcement contacts, and placement in out-of-home facilities.
- › Promotes healing as a family.
- › Improves retention of current foster caregivers.
- › Promotes stability for youth in foster care, including youth in extended foster care.

Call or Text: 1 (833) 939-FURS

Differential Response (DR) Services

CPS refers families with a variety of needs to Clinica Sierra Vista to provide Differential Response (DR) Services to families in the community. DR services are voluntary services offered to a family to mitigate safety and risk factors and provide linkages to community resources. DR emphasizes the importance of broadly assessing a family's situations and meet underlying needs while focusing on maintaining child safety, well-being and permanency.

Parents As Teachers (PAT)

Parents As Teachers is a home-based parenting program that aims to increase parent knowledge of early childhood development, improve parenting practices, increase children's school readiness and success, provide early detection of developmental delays and health issues, and prevent child abuse and neglect.

The Evidence-Based Home Visiting Model is a comprehensive parent education model that provides a wide array of services to families with children from prenatal through kindergarten, and also offers deep insights into early childhood development.

PAT is available throughout Kern County, by referral only, to families with children 0-5, who have been determined to be at high risk of involvement with foster care.

Kern County Family Resource Centers (FRC) *Family First!*

Bakersfield FRC

Greenfield H.E.L.P.S.
5400 Monitor St.
661.837.3720

**H.E.A.R.T.S Connection
Family Resource Center**
4500 California Ave.
661.328.9055

**Richardson Special Needs
Collaborative**
1515 Feliz Dr.
661.336.5480

**K C Network for Children
Dream Center**
1801 19th St
661.636.4488

**NOR Neighborhood
Place Community
Learning**
401 Willow Rd
661.392.2020

**NOR Riverlakes
Community**
3825 Riverlakes Dr.
661.392.2000

**Vineland Family Resource
Center**
14713 Weedpatch Hwy
661.845.3713

Arvin FRC
Arvin Family Resource Center
300 Franklin St.
661.854.6565 ext. 1

Buttonwillow FRC
**Buttonwillow Community
Collaborative**
42600 Highway 58
661.764.9405

Delano FRC
**Delano Neighborhood
Partnership**
1842 Norwalk St.
661.721.7036

Frazier Park FRC
**Mountain Communities
Collaborative (Fraizer Park)**
3015 Mt Pinos Way, #201
661.245.4303



Lamont FRC
Lamont Family Sucess Center
7915 Burgundy Ave.
661.845.2724

Lost Hills FRC
Lost Hills Collaborative
14823 Office Lane
661.797.3062

Lake Isabella FRC
**Kern River Valley
Collaborative**
2810 Nugget Ave.
760.379.2556 ext. 907

McFarland FRC
**McFarland Community
Collaborative**
410 East Perkins Ave.
661.792.1883

East Kern-Mojave FRC
East Kern Collaborative
15662 K St.
661.824.4118

Rosamond FRC
Parent and Community Center
2800 Rosamond Blvd
661.256.5000 ext. 1215

Ridgecrest FRC
Oasis Family Resource Center
814 N. Norma St.
760.248.3221

Shafter FRC
Shafter Collabrative
S. Valley Street, Rm 143
(located behind Golden Oak
Elementary School)
661.746.8690

Taft FRC
**West Side Outreach &
Learning Center**
500 Cascade Place, ste. C
661.763.4246 ext. 0

Wasco FRC
**Wasco Union Elementary
School District**
400 Griffith Ave.
661.758.7150

California City FRC
**Safe Haven Kids League
Resource Center**
10441 S Loop Blvd
760.338.3488

Contact a FREE FRC Near You!

Resource Centers are ONE STOP shop for families & community members needing assistance. Below are some services provided:

- Development Milestones for Children 0-5
- Court Mandated Classes- Parenting
- School Readiness
- VITA-Free Tax Preperation
- Transportation Assistance
- Support Groups
- Utilities Assistance
- Water Assistance
- Emergency food
- DMV Vouchers
- Baby Supplies
- Summer Bridge
- Foster Youth Services
- Local Resource Referrals

Resource Centers Help Build Protective Factors!

What are Protective Factors?

Protective factors help families succeed and thrive, even in the face of risks and challenges. There are many ways that you can build on your own family's strengths and offer support to other families when they need it.

The Five Protective Factors: Resource and Tips



Parental Resilience

Resilience is managing stress and functioning well, even when things are difficult.

Being Resilient as a Parent Means:

- Taking care of yourself and asking for help when needed.
- Planning for the future and what you will do in challenging situations.
- Taking time to enjoy your child and what you like about parenting.

Parental Resilience Tips:

- What Activities help you feel less stressed? Create a list of stress-buster activities to have on hand when times get tough.
- Write down all the things you love doing with your child and think of ways to build those activities into your day.



Social Connection

It's easier to handle parenting challenges when positive relationships with family, friends, and neighbors are consistent.

How to Build a Strong Social Support System:

- Join a local community group. There are also many virtual community groups on platforms such as Facebook.
- Reach out to and make plans with parents who have children the same age as yours.

Social Connection Tips

- Join a local community group.
- Reach out to and make plans with parents who have children the same age as yours.

For More Information Visit:

www.kcdhs.org/resources/community-resources



Knowledge of Parenting and Child Development

By Learning what children need in order to thrive, you can provide them the best start in life

Increasing Knowledge of Parenting and Child Development Helps You:

- Know what to expect as your child grows and how you can best help them thrive.
- Respond in a positive way when your child misbehaves.
- Use new skills to help your child be happy and healthy.
- Taking time to enjoy your child and what you like about parenting.

Parenting and Child Development Tune-Ups:

- Make a list of your parenting strengths to remind yourself of what you do well.
- Write down at least one thing you want to learn about parenting and consider who might help you learn it.



Concrete Support in Times of Need

Knowing where to get help in times of need can make things a lot easier.

As a Parent, it is Important that You:

- Know what help is available (like where you can obtain food, housing, clothing, and help paying for utilities).
- Have access to the things you need to keep your family safe and healthy.
- Advocate for your family.

Concrete Support Tips:

- Learn about what sources of support are available in your community.



FRC's Are a Great Tool
(see front page)



Social & Emotional Competence of Children

Helping children develop social-emotional competence teaches them to manage emotions and build healthy relationships.

To Help your Child Develop these Skills:

- Respond to your child with warmth and consistency.
- Teach your child to use words to express how they feel.

Social and Emotional Competence of Children Tune-Ups:

- Look for opportunities to praise your child for making the right choices and for showing friendly behaviors, such as sharing a favorite toy.
- Create a regular family check-in routine to talk about the day.



KernCountyDHS



Kern County Human Services Bakersfield



Heartbeat of Human Services



PREGNANCY

Pregnancy Resources

Contact Public Health or your Managed Care Provider for a list of Medi-Cal providers.

Adolescent Family Life Program Clinica Sierra Vista

2707 F St.
Bakersfield, CA 93301
(661) 324-0293
Fax: (661) 324-2510

No fee. Pregnant/parenting teen program for mothers and fathers. Prenatal care, family planning and adoption information. Parenting classes on infant care and child development. Case management and support services

CAL-SAFE

Blanton Child Development Center

315 E. 18th St.
Bakersfield, CA 93305
(661) 852-5651

Community Action Partnership of Kern (CAPK) Parent Child Center

5005 Business Park North, Suite 130
Bakersfield, CA 93309
(661) 336-5236 ext 2581

Intensive case management for pregnant teens. Counseling and service referrals.

www.familylifepc.org

Kern County Department Of Public Health

Kernpublichealth.com

Bakersfield Office

1800 Mt. Vernon Ave.,
Bakersfield, CA 93306
(661) 321-3000

Ridgecrest Office

400 N. China Lake Blvd.
Ridgecrest, CA 93555
(661) 321-3000

Delano Office

455 Lexington St.,
Delano, CA 93215
(661) 321-3000

Shafter Office

329 Central Valley Hwy.
Shafter, CA 93263
(661) 321-3000

Perinatal Outreach Program (POP)

Phone: (661) 321-3000
Fax: (661) 868-1291

Qualification for Services: Medi-Cal eligible, pregnant women, women must be pregnant no later than 36 weeks gestational age, all ages, all ethnicity, reside in the Bakersfield area including Arvin, Lamont, Taft, Shafter, Wasco, McFarland, and Delano.

Black Infant Health (BIH) Program

BIH Coordinator, Chrystal Sheppard
Phone: (661) 868-0521
Fax: (661) 868-1291
Email: sheppardc@kerncounty.com

Program Services: BIH program services are FREE and provided by a team of trained professionals including a Public Health Nurse, Mental Health Professional, Family Health Advocates and Group Facilitators.

Mission: The program aims to improve the health among Black mothers and babies by empowering pregnant and mothering Black women to make healthy choices for themselves, their families and their communities.

Nurse-Family Partnership Program (NFP)

1800 Mt. Vernon Ave.
Bakersfield, 93306
Phone: (661) 321-3000
Fax: (661) 868-1200
Email: PHNFP@kerncounty.com

Program Services: NFP is an evidence-based program to help new mothers develop skills to take better care of themselves and their babies. A Public Health Nurse will visit you in your home (or place that you both agree) during pregnancy and throughout the first two years of your child's life.

Qualifications: Expecting to deliver and parent for the first time; less than 6 months (24 weeks) pregnant; Have a low to moderate income and eligible for Medi-Cal or Emergency Medi-Cal; Living in Kern County

WIC (Women, Infants & Children)

Phone: 1 (866) 327-3074
Website: www.capk.org/programs/wic

Planned Parenthood

2633 16th Street
Bakersfield, CA 93301
(661) 634-1000



BASIC NEEDS ASSISTANCE

2-1-1: Food, Clothing, Diapers, and Supplies

Call [2-1-1 Kern County](#) for additional support in this area. They are a program provided by Community Action Partnership of Kern (CAPK), that provides comprehensive information and referral services that link Kern County residents to community health and human services and support. Callers seeking assistance dial 2-1-1 and are connected with Information and Referral Specialists who utilize a resource directory to research and provide the information requested. Services are available 24 hours a day, seven days a week to the 750,000 residents in the county.

Food/Clothing/Emergency Shelter

1. The Mission at Kern County: Meals three times a day breakfast 6-7 AM lunch 11-12 PM and dinner 4:30-5:30 PM, food, clothing hygiene items are always handed out and also through their programs. 911 clothing and shoes booth is also available. Shelter an average of 180-200 men each night. 816 E 21st St., Bakersfield, CA 93305 Phone: (661) 325-0863
2. Bakersfield Homeless Center: 1600 E. Truxtun Ave www.bakhc.com Phone: (661) 322-9199
3. St. Vincent De Paul Society: 600 Baker St. Phone: (661) 323-7340
4. WIC: www.capk.org/programs/wic Multiple locations toll free Phone: (866) 327-3074
5. Golden Empire Gleaners Food Bank: 1326 30th St. Bakersfield, CA 93301 Phone: (661) 324-2767
6. Flood Bakersfield Ministries: Phone: (661) 323-5663 Email: FrontDesk@FloodBako.com 1830 Truxtun Ave. Ste. 210 Bakersfield, CA 93301
7. Catholic Charities: 809 Chester Ave, Bakersfield, CA 93301 Phone: (661) 281-2130
8. Hope Center: 3311 Manor St., Bakersfield, CA 93308 hopecenters.net Phone: (661) 399-2119
9. The Dream Center: 1801 19th St. Bakersfield, CA 93301 Phone: (661) 636-4488.
10. Garden Pathways: 1616 29th St. Bakersfield, CA. 93301 Phone: (661) 633-9133 gardenpathways.org and www.gardenpathways.org
11. The Salvation Army: 4417 Wilson Road Bakersfield, CA. 93309 Phone: (661) 836-8487
12. Love Inc: 1030 Stockton St. Bakersfield, CA. 93305 Phone: (661) 325-6838 www.loveinc.org or www.loveincbakersfield.org
13. Food Bank Hotline: 211 Warehouse 1807 Felix Drive Bakersfield, CA 93307 Phone: (661) 398-4520
14. New Life Church Compassion Ministries 4313 Shepard St., Bakersfield, CA 93313 Phone: 661-831-2727 Website: NLC.life
15. Open Door Network: Call 1-800-273-2275 from a landline or 2-1-1 from a mobile phone. opendoorhelps.org
16. City Serve: 3201 F St. Bakersfield, CA 93301 Phone: (661) 558-4441 Email: info@cityserve.us

UTILITIES

California Lifeline

(866) 272-0349

www.californialifeline.com

SoCalGas Company CARE Program

(800) 427-2200

www.socalgas.com/care

PG&E CARE Program (30% Discount)

(866) 743-2273

www.pge.com/care

Community Action Partnership of Kern Energy Program

300 19 St. ,
Bakersfield, CA 93301

(661) 336-5203

Fax: (661) 336-5263

Dial 2-1-1 Relief For Emergency Assistance

Through Community Help (REACH) Program

(800) 933-9677

www.pge.com/reach



HOUSING SUPPORT UNIT

DHS and partnering agencies offer financial assistance and supportive services, including but not limited to: rental assistance, housing navigation, case management, security deposits, utility payments, moving costs, hotel and motel vouchers, and legal services.

Department of Human Services - Housing Support Unit

100 East California Ave.
Bakersfield CA 93307

Services available countywide
(661) 631-6688

The Housing Support Unit's mission is to centralize CDSS homelessness programs and collaborate with the local Coordinated Entry System to understand and meet the needs of homeless families, individuals, and foster youth in our community.

CalWORKs Homeless Assistance

Aims to help CalWORKs families meet the reasonable costs of securing housing. The CalWORKs HA program serves eligible CalWORKs recipients, or apparently eligible CalWORKs applicants, who are homeless or at-risk of homelessness.

- › **Temporary Homeless Assistance (THA)**
16 days of temporary shelter including hotel or motel costs.
- › **Permanent Homeless Assistance (PHA)**
Helps families secure housing and/or prevent eviction.

CalWORKs Housing Support Program

HSP provides housing stability and assists in securing and maintaining permanent housing for CalWORKs families experiencing, or at- risk of homelessness without preconditions.

Housing and Disability Advocacy Program

HDAP assists people experiencing homelessness who are likely eligible for disability benefits by providing advocacy for disability benefits as well as housing supports.

Family Stabilization Program

FSP is an extension of Employment Services designed to help families experiencing crisis or additional barriers to work towards self-sufficiency.

Bringing Families Home

BFH serves homeless families involved with the child welfare system and is designed to offer housing supports in order for families to successfully reunify.

Bringing Families Home goals include:

- › Reducing the number of families in the child welfare system experiencing or at risk of homelessness.
- › Increasing family reunification
- › Preventing Foster Care placement

Housing Support Unit and partnering agencies offer financial assistance and supportive services, including but not limited to: rental assistance, housing navigation, case management, security deposits, utility payments, moving costs, hotel and motel vouchers, and legal services.



EMPLOYMENT

CalWORKs Employment Services Program

www.kcdhs.org/services/employment-services/welfare-to-work-services-new

- › The Employment Services Program is designed to assist individuals receiving cash aid benefits through the CalWORKs Program. The primary benefit of the Employment Services Program is to provide you with the tools required to prepare for work and to be able to support your family. Our goal is to assist you in realizing your full potential so that you and your children can improve the quality of your life.
- › As a participant in the Employment Services Program, you have the opportunity to participate in activities that will help you get back into the workforce so that you can support your family without the assistance of cash aid.

Those activities include:

- › Job Readiness Workshops
- › Job Placement
- › Life Skills Workshops
- › Employment Preparation
- › Paid Work Experience
- › Counseling
- › Job Retention Services

America's Job Center of California

www.americasjobcenterofkern.com

Southeast Bakersfield Universal Access Workstation Location

1600 E. Belle Terrace,
Bakersfield, CA 93307

Phone: (661) 325-HIRE
Mon-Fri 8am - 5pm

Delano Universal Access Workstation Location

707 Main St. , Suite #5
Delano, CA 93215

Phone: (661) 721-5800
Mon-Fri 8am - 5pm

Olive Drive Access Workstation Location Language

1129 Olive Drive, Suite H
Bakersfield, CA 93308

Phone: (661) 336-6700
Fax: (661) 393-8724
Mon-Fri 8am - 5pm

EPIC (Youth Center)

(Ages 18-24)
2211 H St.
Bakersfield, CA 93301

Phone: (661) 336-6460
Text: (661) 742-2812
Mon-Fri 8am - 5pm

Ridgecrest

540 Perdew Ave., Suite B-2
Ridgecrest, CA 93555

Phone: (760) 384-5995
Mon-Fri 8am - 5pm

Lake Isabella

5540 Lake Isabella Boulevard
Suite E-3
Lake Isabella, CA 93240

Phone: (760) 379-2074
Fax: (760) 379-1545
Mon-Fri 8am - 5pm

Veterans Service Department

1120 Golden State Ave.
Bakersfield, CA 93301
(For Veterans Only)

Phone: (661) 868-7300
Fax: (661) 631-0519
Mon-Fri 8am - 5pm
(Closed 12pm - 1pm)

Lamont

10215 Stobaugh St.
Lamont, CA 93241
Phone: (661) 635-4029

Fax: (661) 635-4002
Mon-Fri 8am - 5pm

Mojave Universal Access Workstations

2300 State Highway 58
Mojave, CA 93501

Phone: (661) 824-7800
Fax: (661) 824-7801
Mon-Fri 7:30am - 4:00pm

Shafter Universal Access Workstations

115 N. Central Valley Highway
Shafter, CA 93263

Phone: (661) 746-8400
Fax: (661) 746-8402
Mon-Fri 8am - 5pm

Taft Universal Access Workstations

119 N. 10th St.
Taft, CA 93268

Phone: (661) 763-0214
Fax: (661) 763-0293
Mon-Fri 8am - 5pm

Department of Rehabilitation

4925 Commerce Drive, #150
Bakersfield, CA 93309

(661) 395-2525
www.dor.ca.gov

Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.

Employment Development Department (EDD)

1600 E. Belle Terrace
Bakersfield, CA 93307

(866) 333-4606
www.edd.ca.gov

California Employment Development Department (EDD) offers a wide variety of services to millions of Californians under the Job Service, Unemployment Insurance, Disability Insurance, Workforce Investment and Labor Market Information programs.

Job Fest

Promotes job openings through social media and their web site, along with providing career advice
www.Jobfestkern.com/home-jobfest

Kern County Veterans Services Dept.

Kerncounty.com/government/veterans-service
 1120 Golden State Ave., 93301
 Phone Number: (661) 868-7300
 Mon-Fri 8am - 5pm

Jobs First Center

Provides job seekers access to information about community resources, employment opportunities, and job search assistance. Staff is available to answer questions and to offer additional resources or services such as:

- Access to computers, internet, printer, and copier.
- Assistance with resumes and cover letters.
- Free typing test available to the public every Friday at 2:30 p.m.
(Must have photo I.D.)
- Located at 100 E. California Ave, Room 100

VITAL DOCUMENTS

Birth/Death/Marriage Certificates

Kern County Hall of Records Office

1655 Chester Ave.
 Bakersfield, CA 93301
 (661) 868-6400

www.kerncounty.com/government/departments/assessor-recorder/records/birth-marriage-or-death-certificates

- › Order online via www.vitalchek.com

Kern County Office of Vital Records

1800 Mt. Vernon Ave, 1st Floor
 Bakersfield, CA 93306-3302
 (661) 321-3000

Email: phvitalstatistics@kerncounty.com;

www.kerncounty.com/government/departments/assessor-recorder/records/birth-marriage-or-death-certificates

- › Kern County birth certificates occurring from 1960 to present. Kern County death certificates for years of death from 1993 to present.

Social Security Cards

- › Social Security Office
2575 Haley St.
Bakersfield, CA 93305
Telephone: 1 (866) 366-9558
- › Social Security Office
5300 Office Park Drive
Bakersfield, CA 93309
Telephone: 1 (866) 476-1489
- › Social Security Office
2234 Girard St. Building C
Delano, CA 93215
Telephone: 1 (866) 635-0287

Drivers Licenses/Identification Cards

- › Department of Motor Vehicles
Various locations
Telephone: 1 (800) 777-0133
www.dmv.ca.gov



VETERANS

Kern County Veterans Service is committed to supporting all our veterans across the county. For any inquiries you may have, you can contact us by phone, contact us by email, or you can visit our office by appointment.

Kern County Veterans Service

1120 Golden State Ave
Bakersfield, CA 93301
Phone: (661) 868-7300
Email: kervets@kerncounty.com

California Veterans Assistance Foundation

Resource and Referral Center
731 Decatur St. Suite D
Bakersfield, CA 93308
CVAF Case Manager (661) 829-5908
www.cavaf.org



TRANSPORTATION

Golden Empire Transit (GET)

Bus Schedule Information

(661) 869-2438

www.getbus.org

Kern Transit

(800) 323-2396

Customer Service

(800) 560-1733

Arvin Transportation Department

(661) 854-3139

www.arvin.org

Delano Area Rapid Transit (DART)

(661) 721-3333

Get-A-Lift

Disabled Services

(661) 869-6363

www.getbus.org

Dial-A-Ride

(800) 881-5787

www.kerntransit.org

Ridgerunner Transit (Ridgecrest)

Ridgecrest Only

(760) 499-5040



LEGAL ASSISTANCE AND DOMESTIC VIOLENCE RESOURCES

Open Door Network

24 hr hotline: (661) 327-1091

Toll free (800) 273-7713

Business (661) 322-0931

1921 19th St.

Bakersfield, CA 93301

www.opendoorhelps.org

Individual counseling available for women and children of domestic assault/sexual assault, emergency shelter for victims of domestic violence and sexual assault, self-defense classes, assistance with restraining orders. DV certification also available. Open Door offers Domestic Violence (awareness) classes for victims of DV and Learning to Protect counseling for parents who failed to protect their children against abuse.

Family Justice Center

The Kern County Family Justice Center (FJC) is a unique and safe place where victims of domestic violence and their children are the highest priority and are offered a variety of services and supports. Through collaboration and coordinated services, the FJC and its partners are committed to providing the help needed to break the cycle of violence.

Kern Family Justice Center

Phone: (661) 868-5950

Address: 1300 18th St.

Bakersfield, CA 93301

South Kern Family Justice Center

Phone: (661) 868-5820

Address: 12022 Main St. (inside Lamont courthouse)

Lamont, CA 93241

Womens Center High Desert (East Kern)

24/7 Hotlines

› Domestic violence (760) 375-7525

- › Sexual Assault (760) 375-0745
- › National Human Trafficking (888) 375-7888
- › Women's shelter, sexual assault response team, child abuse prevention helpline, court advocacy, temporary restraining order, and legal assistance.
- › 134 S China Lake Blvd., Ridgecrest, CA 93555 (760) 371-1969 www.wc-hdinc.org

Greater Bakersfield Legal Assistance (GBLA)

615 California Avenue
Bakersfield, CA 93304

Main Intake Line (661) 325-5943 (Local)
(888) 292-GBLA (4252) (Toll Free)

Dial 7-1-1 for California Relay Service (CRS)

Fair Housing Complaint Line
(661) 334- 4679 (Local)

(855) 746-7958 (Toll Free)

Dial 7-1-1 for California Relay Service (CRS)

Greater Bakersfield Legal Assistance (GBLA) provides a variety of legal services to meet the basic legal needs of its eligible clients. These basic legal problems generally involve preventing homelessness, access to health care, and securing financial resources to meet the basic necessities of life.

Secondly, GBLA tries to help those eligible clients who are able and willing to get out of poverty. In this regard, GBLA's focus is on those legal needs that address issues of economic and family stability, physical security, and access to high-quality education. Services include; Fair Housing Law Project, Seniors Law Center, Guardianship Caregiver Project and, Community Homeless Court Program, Domestic Violence Reduction Project, Landlord/Tenant Complaints, and Health Consumer Alliance.

California Rural Legal Assistance, Inc.

211 Bear Mountain Blvd., Arvin
(661) 854-3839

601 High St., Suite C, Delano
(661) 725-4350

www.crla.org

Child Support Services

(866) 901-3212 Toll Free

1300 18 St., Bakersfield, CA 93301

400 N. China Lake Blvd.
Ridgecrest, CA

www.childsup.ca.gov

Consumer Credit Counseling of Kern and Tulare

2001 F St., Bakersfield, CA 93301

(661) 324-9628

(800) 272-2482 toll free

Kern County Superior Court Family Law Facilitator

Metropolitan District
1415 Truxtun Ave.
Bakersfield, CA 93301

(661) 868-5393

Family Law / (661) 335-7100

Traffic Division
Juvenile Justice Center
2100 College Ave.
Bakersfield, CA 93305

(661) 868-4270

www.kern.courts.ca.gov

Bakersfield Courthouse
1215 Truxtun Ave., 1st Floor
Bakersfield, CA 93301

(661) 868-4518

Mojave Courthouse
1773 Hwy. 58
Mojave, CA

(661) 824-7100

Each Monday 9:30-3:30pm

Indigent Defense Program (IDP) of Kern County Bar Association

1112 Truxtun Ave.
Bakersfield, CA 93301

(661) 334-4700

Fax: (661) 334-4701

Assistance provided for clients and families of heinous crimes.

Juvenile Justice Center

2100 College Ave.
Bakersfield, CA 93306

(661) 868-4270

Public Defender's Office

1315 Truxtun Ave.
Bakersfield CA 93301

(661) 868-4799

www.co.kern.ca.us/pubdef

315 N. Lincoln St., Taft, CA 93268

(661) 763-8587

Kern County Probation Department

Services for Adults and Youth throughout Kern County.

www.kernprobation.com



TRIBAL RESOURCES

Bakersfield American Indian Health Project

Is a Public Health Case Management and Referral Program that focuses on improving the access and utilization of quality health care services for the urban American Indian/Alaskan Native and Indigenous population in Kern County. There are a variety of resources and programs available that encompass physical health, mental health and wellness as well as case management and resources.

Bakersfieldaihp.org

501 40th St., Bakersfield, CA 93301

(661) 327-4030

Protectors of Our Young Feathers Program

Family Advocate to help support families involved with child welfare or developmentally delayed youth and their families.

Referrals@BakersfieldAIHP.org

Tejon Indian Tribe

Tejonindiantribe.com

4941 David Rd., 93307

(661) 834-8566

Chumash Council of Bakersfield Tribe

Nahc.ca.gov

729 Texas St., 93307

Cherokee Community of Central California

Cherokeecommunityofcentralcalifornia.yolasite.com

P.O. Box 82401
Bakersfield, CA 93380
(661) 859-4322

Owens Valley Career Development Center

www.Ovcdc.com

1001 Tower Way, Suite 225
Bakersfield, CA 93309
(661) 323-1086

Lake Isabella
6404 Lake Isabella Blvd
(760) 379-4770
Toll Free (800) 924-8091

Native American organization operating under a consortium of Sovereign Nations that promotes self-sufficiency through education, community enrichment and cultural empowerment.

Kern Indian Education and Community Resource Center

1001 Tower Way, Suite 230
Bakersfield, CA 93309
(661) 328-6206
Fax: (661) 328-6235
Email: shibler@ovcdc.com

American Indian Education Centers in California are authorized by California Education Code Article 6, Sections 33380–33383. Center staff assist schools with professional development, counseling, tutorial services, or parent education. They also provide supplemental and extended day instructional programs to meet the needs of American Indian students.

Family Guide to ICWA (Indian Child Welfare Act)

On Kern County Department of Human Services website

www.kcdhs.org/resources/indian-child-welfare-act-icwa

National Indian Child Welfare Association

www.nicwa.org

(503) 222-4044

Email: infor@nicwa.org

US Department of the Interior Indian Affairs

If you feel your rights under ICWA are ignored

www.bia.gov



EDUCATION/CHILD CARE

Head Start Early Childhood Education

Head Start & Early Head Start Programs engage parents, teachers, caregivers, and administrators in forging a path towards a bright and healthy future for every child in their programs. California State Preschool funding is used to complement and expand hours for Head Start and Early Head Start families requiring full-day services. CAPK offers Head Start and Early Head Start services throughout Kern County.

Community Action Partnership of Kern (CAPK) 5000 Business Park N, Bakersfield, CA. 93309
(661) 336-5236 capk.org numerous locations. Community Action Partnership of Kern (CAPK) administers more than a dozen programs aimed at meeting children, families and individuals at their point of need.

Help Me Grow Kern

Help Me Grow Kern utilizes the Ages & Stages Questionnaire® (ASQ®-3) and Ages & Stages Questionnaire® – Social & Emotional (ASQ®-SE-2). The screenings provide reliable, accurate, developmental and social-emotional screening for children between birth and age 6. Drawing on parents' expert knowledge, ASQ® has been specifically designed to pinpoint developmental progress and catch delays in young children—paving the way for meaningful next steps in learning, intervention, or monitoring.

www.first5kern.org/helpmegrow-parents/

(877) 77-HMGKC (46452)

Kern County Superintendent of Schools/Early Intervention Program

1300 17th St.
Bakersfield, CA 93301
(661) 636-4000

The Early Intervention Program is to provide additional instructional resources to help students who are performing below grade level obtain the necessary academic skills to reach grade level performance in the shortest possible time.

Early Start Resource Center

3121 N. Sillect Ave. #303
Bakersfield, CA 93308

Office: (661) 873-4973
E-mail: info@kernefc.org

Kern Regional Center

Serves developmentally disabled: cerebral palsy, epilepsy and autism. Case management and parenting programs.

Kern Regional Center's purpose is to provide supports and services to individuals with developmental disabilities to help them achieve an independent, productive, and satisfying life. This link provides a list of services that may be provided: <https://www.dds.ca.gov/rc/rc-services/>

Any person suspected of having a developmental disability (intellectual disability, cerebral palsy, epilepsy, autism or other handicapping condition found to be closely related to intellectual disability or to require similar care) is eligible to receive free diagnosis and assessment services.

3200 N. Sillect Ave.	Delano.....(661) 725-2792
Bakersfield, CA 93308	Lamont.....(661) 845-2286
(661) 327-8531	Ridgecrest.....(760) 375-9512
(661) 327-1251 TTY	Shafter(661) 746-3918
(800) 479-9899	Taft.....(661) 765-7294
Fax: (661) 324-5060	Tehachapi.....(661) 822-1288

Community Connection for Child Care

Community Connection for Child Care (CCCC) is a child development and family services agency dedicated to providing options, education and support to children, families, child development professionals and the community. CCCC is dedicated to helping parents find quality child care for their children.

Main Office

2000 K St. , Suite 110
Bakersfield, CA 93301
(661) 861-5200
(877) 861-5200

Shafter Office

115 N. Central Valley Hwy.
Shafter, CA 93263
(661) 746-8432

Mojave

2340 Hwy. 58
Mojave 93501
(661) 824-7800

DHS Office

1000 E. California Ave.
Bakersfield, CA 93307
(661) 631-6811

Lamont

10215 Stobaugh St.
Lamont, CA 93241
(661) 635-4015

Delano Office

1816 Cecil Ave.
Delano, CA 93215
(661) 721-5810

Lake Isabella

5540-E3 Lake Isabella Blvd.
Lake Isabella, CA 93240
(760) 379-3254

Caring Corner Kern County Consortium Special Education Local Plan Area (SELPA)

1300 17th St. City Centre	(661) 636-4802
Bakersfield, CA 93301	Fax: (661) 636-4810
	www.kern.org/selpa

Caring Corner

942 Wible Road
Bakersfield, CA 93304
(661) 847-7342

Children, ranging from infants to 21 years old, who require medical supervision, treatments or equipment for a medical condition

Available Program Services:

- Programs for Infants and Toddlers,
- Programs for Preschool Children Ages 3-5,
- Programs for School Age Children Ages 5-21,
- Regional Deaf and Hard of Hearing Programs,

Administered by the Kern County Superintendent of Schools. Special education needs for children/students with disabilities, from birth until age 22.

Kern County Superintendent of Schools Preschools

1130 17th St.
Bakersfield, CA 93301
(661) 636-4550
Fax: (661) 636-4565

931 Belle Terrace
Bakersfield, CA 93304
(661) 837-1582

1100 Ming Ave.
Bakersfield, CA 93304
(661) 835-7284

1515 Feliz Dr.
Bakersfield, CA 93307
(661) 336-5405

900 Sanford Dr.
Bakersfield, CA 93308
(661) 399-9682

9615 Main St.
Lamont, CA 93241
(661) 845-1015

McKinney-Vento Homeless Assistance Act

The McKinney-Vento Homeless Assistance Act (McKinney-Vento Act) is federal legislation that ensures the educational rights and protections of children and youths experiencing homelessness. It requires all local educational agencies (LEAs) to ensure that homeless students have access to the same free, appropriate public education, including public preschools, as provided to other children and youths.

Please contact your school and request to speak with the McKinney Vento and Foster Youth Education Liaison

Kern Autism Network (KAN)-Autism Society Chapter

8200 Stockdale Hwy. M-10 #171
Bakersfield, CA 93311
(661) 588-4235
Fax: (661) 588-4235
www.kernautism.org

Provides support, awareness, information and education to families, professionals and the public throughout Kern County

Mentoring/Afterschool Programs

Boys and Girls Club of Kern County

801 Niles St
Bakersfield, CA 93305
(661) 325-3730

Friendship House

2424 Cottonwood Rd
Bakersfield, CA 93307
(661) 369-8926

Garden Pathways

Garden Pathways provides on-campus support for students at risk of suspension or expulsion, truancy, academic decline, and antisocial behaviors through one-on-one mentoring or group mentoring.

- › Comprehensive Mentoring Services
- › Youth mentoring
- › Individuals on AB109 probation
- › Currently or have ever been on parole.
- › Incarcerated youth

1130 17th St.
Bakersfield, CA 93301
(661) 633-9133
www.gardenpathways.org

**Bakersfield Angels
– Dare to Dream program**

One-on-one mentorship for youth
in foster care ages 11-24

9700 Stockdale Hwy., Ste. 208
Bakersfield, CA 93311

(661) 735-3020

www.bakersfieldangels.org/daretodream.html

Youth Connection

Youth Connection exists to prevent at-risk youth
from entering the juvenile justice system.

2005 Ridge Road
Bakersfield, CA

PO Box 3309
Bakersfield, CA 93385

(661) 868-4131

youthconnectionkern@gmail.com

www.youthconnectionkern.org

New Advances for People with Disabilities

3400 N. Sillect Ave.
Bakersfield, CA 93308

Monday - Friday (8:00am - 5:00pm)

napd@napd-bak.org

Office: (661) 477-9910

Fax: (661) 634-9638

Bakersfield Police Activities League (PAL)

Girls group class- girls social leadership
development with BPD community relations.
Girls only. Grade 7-12 grade. Must have free
membership with PAL and attend meetings.

301 E. 4th St.
Bakersfield, CA 93307

Phone: (661) 283-8880

www.bakersfieldpal.org

H.E.A.R.T.S. Connection – Family Resource Center

The H.E.A.R.T.S. Connection is staffed by parents
and family members of children with disabilities
and/or special health care needs. Staff provide
families with parent to parent support, advocacy,
training and assistance, resource coordination and
information. Staff are also available for consultation
and training for professionals who serve families
with children who have special needs.

4500 California Ave.
Bakersfield, CA 93309

(661) 328-9055

Kern County Sheriff's Activities League (SAL)

1501 L St. Bakersfield

(661) 868-5642

www.kcsal.com



DREAM CENTER

The Dream Center, named by the founding foster youth who helped design service delivery, is Kern County's only one-stop resource center for current and former foster youth up to the age of 25.

Services utilize a formal case management system, with co-located staff from Kern County Superintendent of Schools Foster Youth Services, Kern County Departments of Human Services, Probation and Behavioral and Recovery Services.

1807 19th St.

(661) 636-4488

www.Kern.org/kcnc/dream-center

Services

- › Counseling
- › Assistance with accessing housing, transportation, food, medical care, and hygiene items
- › Assistance with accessing and completing educational and/or vocational programs
- › Assistance with building important life skills
- › Assistance with applying for and accessing CalFresh & Medi-Cal benefits
- › Assistance with obtaining employment (e.g. job search, help creating a resume, clothes for interviews)

- › Medical services
- › Assistance with self-advocacy
- › Tutoring
- › Resource information and referral
- › Shower and laundry facilities for homeless youth
- › Social events that help youth develop social connections
- › Support and advocacy

On Site Resources

- › Emergency hygiene, clothing and shoes, food, baby care items, and household items made possible through donations
- › Internet access
- › Computer lab
- › Photocopier and fax
- › Telephone to make calls
- › Resource Library





AGING AND DISABILITY RESOURCES

Kern County Aging and Adult Services

5357 Truxtun Ave. (just east of Mohawk) Bakersfield, CA 93309

Phone: (661) 868-1000

Toll Free: (800) 510-2020

Fax: (661) 868-1001

TTD/TTY: (661) 868-0910

Email: aginginfo@kerncounty.com

To report incidents of Elder or Dependent Adult Abuse that occurred in Kern County:

Toll Free 24 hours a day (800) 277-7866

Or (661) 868-1006

The In-Home Supportive Services (IHSS) program provides services to assist eligible aged or blind persons or persons with disabilities who are unable to remain safely in their own homes without this assistance. IHSS is an alternative to out-of-home care, such as nursing homes or board and care facilities. Recipients must be eligible for or receiving Medi-Cal. The types of services which may be authorized through IHSS include:

- › Domestic and related services such as housecleaning, meal preparation and clean-up, laundry, and grocery shopping
- › Personal care services such as feeding, bowel and bladder care, bathing, grooming, dressing, mobility and transfer assistance, and paramedical care
- › Protective supervision
- › Ancillary services consisting of accompaniment to medical appointments, fittings of health-related devices, or sites where alternate resources provide care in lieu of IHSS

Questions? Contact IHSS (661) 868-1003

Kern County Aging & Disability Resource Connection

www.Kerncountyadrc.org

Alzheimer's Resources

Alzheimer's Disease Association of Kern County

4203 Buena Vista Rd.

Bakersfield, CA 93311

Phone: (661) 665-8871

Fax: (661) 665-7690

Email: outreach@adakc.org

Independent Living for Adults with Disabilities

The Independent Living Center of Kern County aims to empower people with disabilities to grow creatively, professionally, and personally; and educate the community about disability related issues. It is the vision of Independent Living Center of Kern County to promote positive change in society; leading to the integration and acceptance of persons with disabilities within our community.

5251 Office Park Dr. Suite 200

Bakersfield, CA 93309

Toll Free: 1 (800) 529-9541

Telephone: (661) 325-1063

Video Phone: (661) 369-8966

Fax: (661) 325-6702

E-mail: info@ilcofkerncounty.org



MENTAL HEALTH

Mental Health for Children and Adults

For Children

The Children's System of Care, including contracted Medi-Cal providers, provides mental health and substance abuse services and resources necessary to promote wellness and recovery for Kern County children and their families. Families will meet with a behavioral health professional who will provide options that will best support the child and their family. All services are client-centered, racially and culturally appropriate, flexible, with a focus on individual/family's strengths, to promote positive peer and professional relationships, and incorporate each individual/family's natural support system within the treatment process.

Services may include, but are not limited to:

- › Mental health and diagnostic assessments
- › Individual and/or therapy
- › School-based rehabilitation services
- › Crisis intervention services
- › Case management
- › Community-based services
- › Skill building
- › CSEC (Commercially Sexually Exploited Children) Services
- › Therapeutic behavioral services
- › Substance use treatment
- › Psychiatric evaluation and medication management

Referrals and coordinated care with other agencies and resources

Depending on the geographic location of your residence you may be referred to a Mental Health partnering agency for services to be provided. Geographic providers include:

Area 1

Covering Delano, McFarland
& Pond Child Guidance
(661) 725-1042

Area 4

Covering West Bakersfield
Child Guidance
(661) 322-1021

Area 7

Covering Ridgecrest
(North Desert) College
Community Services
(760) 499-7406

Area 10

Covering Central/Southeast
Bakersfield Clinica Sierra Vista
(661) 397-8775

Area 2

Covering Shafter, Buttonwillow,
Lost Hills, Wasco & Semitropic
College Community Services
(661) 758-4029

Area 5

Covering North Bakersfield
Child Guidance
(661) 393-5836

Area 8

Covering Tehachapi College
Community Services
(661) 822-8223
Covering Rosamond, Mojave,
California City & Boron College
Community Services
(661) 824-5020

Area 11

Covering East Bakersfield
KernBHRS
(661) 868-6750

Area 3

Covering Taft &
Surrounding Areas College
Community Services
(661) 765-7025

Area 6

Covering Kern Mountain
& Lake Isabella College
Community Services
(760) 379-3412

Area 9

Covering Arvin & Lamont
Clinica Sierra Vista
(661) 845-5100
Covering Frazier Park
Clinica Sierra Vista
(661) 245-0250



For Adults

Adult System of Care

Each population center in Kern County has a geographically located service provider with resources to provide a wide range of behavioral health services. These services may include:

- › Medication
- › Individual and group counseling
- › Rehabilitation and recovery services
- › Access to needed resources
- › Family counseling
- › And a variety of diagnostic and advocacy services

All of these services are provided in the community near where you live. These are the services that the Kern County MHP thinks are most likely to help people who need services from us. Sometimes other services may be needed, they will be provided based on individual needs.

For NON-Crisis Adult Care:

The Access & Assessment Center is open from 8 a.m. to 5 p.m., at the Mary K. Shell Mental Health Center. For more information, call (661) 868-8123.

For non-crisis situations, the Access and Assessment Center serves as the central point of contact for adults for the KernBHRS System of Care. Once a person comes in, our staff will conduct an assessment to determine your specific needs and connect you to the best treatment provider as well as any needed community resources.

The Access and Assessment Center: (661) 868-8080

Crisis Services

The crisis services division at Kern Behavioral Health and Recovery Services offers hope, support and resources to help individuals in our community begin their recovery journey.

Access & Assessment Center

The Access & Assessment Center is open from 8 a.m. to 5 p.m., at the Mary K. Shell Mental Health Center. For more information, call (661) 868-8123.

The Psychiatric Evaluation Center/Crisis Stabilization Unit (PEC/CSU)

PEC/CSU provides immediate treatment for adults and minors going through a mental health crisis. It also serves as Bakersfield's only designated non-EMS involuntary psychiatric evaluation facility.

Its goal is to help a person through their immediate crisis and connect them to the right follow-up resources, which may include a referral to a higher level of care.

The PEC/CSU cannot write or fill prescriptions and does not provide medical services. PEC/CSU is open 24 hours a day, 7 days a week.

Crisis Hotline - 1 (800) 991-5272

The KernBHRS 24-hour Crisis Hotline acts as a warmline for mental health/substance use concerns and provides a safe outlet for callers to voice/vent any frustrations with a trained hotline counselor without any judgment. All calls are free and completely confidential. Callers can also be linked to appropriate mental health and/or substance use disorder services as well as needed community resources.

Suicide Prevention Hotline 1 (800) 273-8255

Substance Abuse

Anyone who would like to get connected to court-ordered or voluntary Substance Abuse counseling can contact the Gate Team. Phone assessments can be completed 24 hours per day. The Gate Team will complete a short assessment and help connect you to the appropriate level of services and will work with your insurance so there is no cost to you. The Gate Team will link you to a Substance Abuse agency within the community. For an assessment, the Gate Team can be reached at (866) 266-4898.

Taking the first steps toward sobriety can be intimidating.

At Kern Behavioral Health and Recovery Services (KernBHRS), we understand the complexities of substance use problems among youth and adults. Dealing with these issues is not easy, but our dedicated staff is here to help you through your journey.

Getting Started With Treatment

Whenever you decide to seek treatment, we're ready to help. Connect to services anytime by calling our **24-hour Substance Use Disorder Access Line at (866) 266-4898**

In minutes, our Gateway team will assess your individual needs and connect you to one of our providers as well as other local resources.

What Treatment Looks Like

Everyone has different experiences with substance use and treatment attempts. Once a person is screened, different treatment options may be offered:

Outpatient Treatment

A person will undergo group and individual counseling a few times per week for a number of months. The frequency is adjusted depending on individualized goals and progress.

Intensive Outpatient Treatment

In this treatment, a person will go through group and individual counseling most days of the week. The goal is to help establish new recovery skills and eliminate substance use.

Residential Treatment

This involves short-term, intensive treatment at a live-in facility, followed by outpatient treatment.

Narcotic Treatment Programs

A person receives daily medications for opioid use disorder, plus individual counseling.

Crisis Addiction Counseling

Crisis Addiction Counseling (CAC) is an early recovery program for any adult who wants to stop using alcohol or drugs. The program lasts 12 weeks and participants are awarded a certificate after completion. The program includes 3 groups a week: process, psycho-education, and life skills, with individual counseling on request.

LGBTQ

The Center for Sexuality and Gender Diversity

Offers support groups, community-building activities, counseling/advocacy, transgender resources

902 18th St.
Bakersfield, CA 93301

PO Box 2712
Bakersfield, CA 93303

Phone: (661) 843-7995 or (661) 404-5209

Email: info@thecenterbak.org

The Center's Annex

4801 Truxtun Suite 201
Bakersfield, CA 93309

Phone: (661) 404-5209

Open Door Network

Phone: (661) 332-1506
Hotline: (661) 327-1091

PFLAG

5 Real Road
Bakersfield, CA 93309

Phone: (661) 527-3524

Note: PFLAG meetings are the first Thursday of the month at 7:00pm at the First Congregational Church (same address as above)

Bakersfield LGBTQ

P.O. Box 78056
Bakersfield, CA 93383

Phone: (661) 302-4266

Website: www.bakersfieldpride.org

Planned Parenthood:

Bakersfield Health Center
2633 16th St.
Bakersfield, CA 93301

Phone: (661) 634-1000

HUMAN TRAFFICKING

Kern Coalition Against Human Trafficking (KCAHT)

To get help or report sex trafficking: 1-888-3737-888
Text "HELP" to 2337333 (BEFREE)

ANIMAL SERVICES

**City of Bakersfield
Animal Care Center**

201 Mt. Vernon Ave.
Bakersfield
(661) 832-7387

**Bakersfield SPCA
Shelter/Adoption
Center**

3000 Gibson St.
Bakersfield
(661) 323-8353 by
appointment only

**Kern County
Animal Services**

3951 Fruitvale Ave.
Bakersfield
(661) 868-7100

**Bakersfield Pet
Food Pantry**

4500 Shepard St.
Bakersfield
(661) 369-1222



100 E. CALIFORNIA AVE.
BAKERSFIELD, CA 93307

TEL 661.631.6600

FAX 661.631.6631

TTY 800.735.2929

WWW.KCDHS.ORG

KCDHS is an equal opportunity agency.