

NOVEMBER 2026

Monday - Friday 8am - 5pm 1400 N. Norma Suite 137 Ridgecrest, California 93555

CFLC

18+ Only

The Ridgecrest Hope Center (CFLC) is offering peer-led classes and support groups virtually & IN-PERSON! These groups are for adults only (18+), and class sizes are limited to 18 attendees. Individuals must become a member before starting a group. To join virtual groups, members must be able to join Microsoft Teams from a computer or smart phone. Participation in a class will not be anonymous. The CFLC is for adults who are actively engaged in behavioral health recovery, and their family members/ loved ones. To become a member or for more information, call the CFLC at 760-463-5070. This program is funded by BHSA.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Coffee Hour 8AM-9AM	Coffee Hour 8AM-9AM	Coffee Hour 8AM-8:30AM	Coffee Hour 8AM-9AM	Coffee Hour 8AM-9AM
Stories in Stone 9AM-11AM	Looming 9:30AM-11AM	Horses (11/4 & 11/18) 8:30AM-10:30AM	Closed For Staff Meeting 9AM-10AM	Thrift Shopping (11/13) 10AM-12PM
Book Club (Atlas of the Heart) 11AM-12PM	Open Art Lab 11AM-1:30PM	Open Art Lab 12PM-2:30PM	Color Your Way to Calm 10:30AM-12PM	Open Art Lab 12PM-2PM
Open Art Lab 2PM-3:30PM	How To Be a Person 1:30PM-2:30PM	The Welcome Table 2:30-3:30PM	Open Art Lab 2PM-4PM	Mia's Corner 1:30PM-2:30PM
Beading 2:30PM-4PM	Wellness for Pets 🐾 3PM-4PM	Kids on Bikes 3:30PM-4:30PM	Little Rituals 3:30PM-4:30PM	Kids on Bikes 3:30PM-4:30PM

Closed 11/26 & 11/27 For Thanksgiving

LGBTQ+Meeting
Friday 11/06/26
@ 12pm



Crisis Hotline: 1-800-991-5272

Suicide & Crisis Lifeline: 988

Substance Use Division Access Line: 1-866-266-4898

Clarvida.com