

OCTOBER 2026

Monday - Friday 8am - 5pm 1400 N. Norma Suite 137 Ridgecrest, California 93555

CFLC

18 and older only

The Ridgecrest Hope Center (CFLC) is offering peer-led classes and support groups virtually & IN-PERSON! These groups are for adults only, and class sizes are limited to 18 attendees. Individuals must become a member before starting a group. To join virtual groups, members must be able to join Microsoft Teams from a computer or smart phone. Participation in a class will not be anonymous. The CFLC is for adults who are actively engaged in behavioral health recovery, and their family members/ loved ones. To become a member or for more information, call the CFLC at 760-463-5070. This program is funded by BHSA.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Coffee Hour 8AM-9AM	Coffee Hour 8AM-9AM	Coffee Hour 8AM-8:30AM	Coffee Hour 8AM-9AM	Coffee Hour 8AM-9AM
Movie Reel talk 9AM-10AM	Looming 9:30AM-11AM	Horses (10/14 & 10/28) 8:30AM-10:30AM	Closed For Staff Meeting 9AM-10AM	Thrift Shopping (10/9) 10AM-12PM
Book Club (Atlas of the Heart) 10:30AM-12PM	Sobriety Society 11AM-12PM	Raising Resilient Kids 1PM-2:30PM	Home Making Basics 10:30AM-11:30AM	Weekly Round Up 1PM-2PM
Beading 2:30PM-4PM	Anxiety Support Group 1PM-2:30PM	The Welcome Table 2:30-3PM	Open Art Lab 2PM-4PM	Mia's Corner 1:30PM-2:30PM
Dollars and Sense 2:30PM-3:30PM	How to be a person 3PM-4PM	Meditation and Affirmation 3PM-4PM	Little Rituals 3PM-4:30PM	Kids on Bikes 3PM-4:30PM
	Wellness for Pets 🐾 3:30PM-4:30PM	Kids on Bikes 3PM-4:30PM		
The Clarvida logo consists of a stylized blue and yellow circular icon above the word "clarvida" in a lowercase, sans-serif font. Crisis Hotline: 1-800-991-5272 Suicide & Crisis Lifeline: 988 Substance Use Division Access Line: 1-866-266-4898 Clarvida.com				
Trunk or Treat @ Kerr McGee Center 10/23/26 4:30 - 7:30pm LGBTQ+Meeting Friday 10/09/26 @ 12pm The logo for the 988 Suicide & Crisis Lifeline features the number "988" in a large, bold, black font, with the words "SUICIDE & CRISIS LIFELINE" in a smaller, black, sans-serif font below it, all enclosed in a black rectangular border.				