



Alzheimer's Day Care Resource (ADCRC)

The Alzheimer's Day Care Resource Center provides partial and all day out-of-home care for persons with Alzheimer's disease and other dementias. The program helps participants to keep as active and healthy as possible, and to maintain the quality of their lives while providing respite to caregivers.



Legal Services

Senior Legal Services provides free civil and legal counseling and guidance.

Long Term Care Ombudsman

The Office of Long Term Care Ombudsman investigates and attempts to resolve complaints made by or on behalf of people living in long term care facilities, such as nursing homes, board and care, and assisted living.

Adult Protective Services

Adult Protective Services (APS) responds 24 hours per day to reports of suspected abuse, such as financial and physical abuse, abandonment, isolation, neglect and self-neglect of seniors 60+ and disabled individuals. Emergency services include emergency shelter, in-home care, meals, and provision of basic necessities.

APS Hotline: 1-800-277-7866

Public Guardian

Provides probate conservatorship services when they are required and there is no one else willing or qualified to act as conservator.

Public Conservatorship

Provides LPS conservatorship services for individuals referred from acute psychiatric facilities who are gravely disabled.

Aging & Disability Resource Connection (ADRC)

The ADRC is a collaboration between the Independent Living Center of Kern County and Aging and Adult Services. The purpose of this local network is to help aging adults, people with disabilities, their families and caregivers find the services and supports to help them live with dignity and as much independence as possible.



KERN COUNTY

AGING & ADULT SERVICES

Kern County
Aging and Adult Services
5357 Truxtun Avenue
Bakersfield, CA 93309
(661) 868-1000
1- (800) 510-2020



<https://www.kerncounty.com/aasd>





The Kern County Aging and Adult Services Department (AASD)

Connects seniors, dependent adults, and caregivers with programs and services they need such as:

- Fall Prevention
- Forms Assistance
- Bilingual Assistance
- Transportation Resources
- Health Insurance Counseling
- Legal Resources
- Home Access Programs
- Fishing Licenses
- Homemaker Resources
- Emergency Food Referrals

...and much more

All Services offered by KCAASD are free.
Assistance is available at locations throughout Kern County.

Information and Referral

The Information and Referral Program helps seniors and dependent adults identify programs get connected to services meet their specific needs.

Senior Nutrition

Congregate Nutrition Services Programs provide nutritious lunches for seniors in a group setting at locations throughout the County.

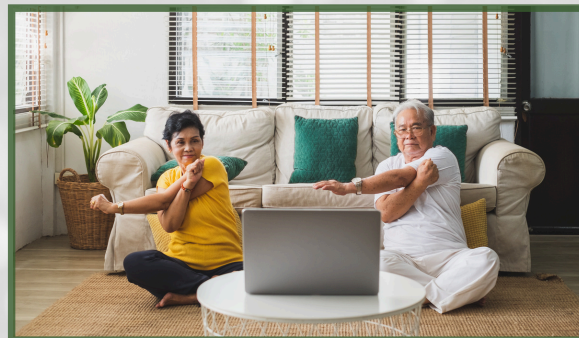
Home Delivered Meals are available to seniors with medical conditions, which do not allow them to visit a group meal site.

Health Insurance Counseling

The Health Insurance Counseling and Advocacy Program (HICAP) provides free and unbiased consultations to current and future Medicare beneficiaries and their families. HICAP also provides assistance with Medicare problems and most health insurance issues.

CalFresh Healthy Living

The program helps those age 60+ to establish healthier eating habits and more physically active lifestyle. Seniors can participate in virtual nutrition education classes and low-impact exercise classes.



Caregiver Support Program

The Caregiver Support Program is intended to offer various forms of assistance to individuals who care for senior family members, grandparents, or younger relatives. The program provides key services, including service Information, transportation accessibility, support groups and education, in-home respite care, and short-term respite in institutional care.



In-Home Supportive Services (IHSS)

In-Home Supportive Services is a program for low-income elderly, blind, and disabled individuals who need certain domestic and/or personal care to remain safely at home. Applicants must be eligible for Medi-Cal to qualify for IHSS.