

SUBSTANCE USE DISORDER DIVISION

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SUBSTANCE USE DISORDER DIVISION

THE SUBSTANCE USE DISORDER DIVISION IS RESPONSIBLE FOR MANAGING CONTRACTS WITH SERVICE PROVIDERS THAT OFFER SEVERAL METHODS OF SUD TREATMENT.

THE TEAMS INCLUDE:



DEFINITIONS

MAT - The Substance Use Disorder Medications for Addiction Treatment (MAT) services at KernBHRS utilize Suboxone/Buprenorphine HCl, overseen by a knowledgeable prescribers in addiction care. They provide medication training and support, along with case management services that include referrals and linkages to vocational services, education, primary medical care, mental health care, rehabilitative care, and supportive services to help clients achieve their goals. Referrals can be made in person, by phone, or by email.

RISE TEAM - The Recover, Inspire, Support, and Empower (RISE) Team at KernBHRS provides SUD Case Management to clients throughout their time in treatment. The team offers services such as case management, recovery monitoring, relapse prevention, and connection to education and job skill resources. They serve both youth and adults in the metropolitan Bakersfield area, helping them maintain abstinence and recovery by linking them to necessary resources and services.

START TEAM - START at KernBHRS provides SUD Case Management to clients throughout their time in treatment. The team offers services such as case management and connection to education and job skill resources. They serve both youth and adults in the metropolitan Bakersfield area, helping them maintain abstinence and recovery by linking them to necessary resources and services. They also provide services in local homeless shelters to assist individuals to connect to SUD treatment.

DEFINITIONS

SUD ACCESS LINE - SUD Access Line provides information on accessing substance use disorder treatment. Individuals are encouraged to call the 24-hour Substance Use Disorder Access Line for assessment and connection to local resources. Screening and placement services are available for self-referred individuals, misdemeanor probationers, parolees, Child Protective Services, and felony probationers. The SUD Access Line aims to guide individuals through the initial steps of seeking treatment, and is available 24 hrs a day, 7 days a week at 1-866-266-4898.

SUD OUTPATIENT TREATMENT TEAM - The Substance Use Disorder Outpatient Treatment Team at KernBHRS offers a range of services to help clients, both youth and adults, overcome substance use issues. They provide personalized plans, drug testing, peer recovery services, Spanish-speaking groups, family education, assessments, and therapy. Their mission is to support clients in achieving their recovery goals, such as rebuilding relationships, finding employment, and returning to school.

OUTPATIENT TREATMENT CONTRACTORS - The Drug Medi-Cal Organized Delivery System (DMC-ODS) network has multiple outpatient contracted service providers throughout Kern county. They provide counseling several times per week, drug testing and recovery support. Narcotic treatment Programs are also outpatient, and provide medications for addiction treatment and counseling.

RESIDENTIAL SUD TREATMENT CONTRACTORS - The DMC-ODS contracts with three entities that provide short term residential treatment services in Kern county.

SUD PROVIDER LIAISON TEAM - This team works with DMC-ODS contractors to provide information, collect data and report information to the Department of Health Care Services. They provide assistance, answer questions and provide technical assistance to contracted entities in order to maintain services available.



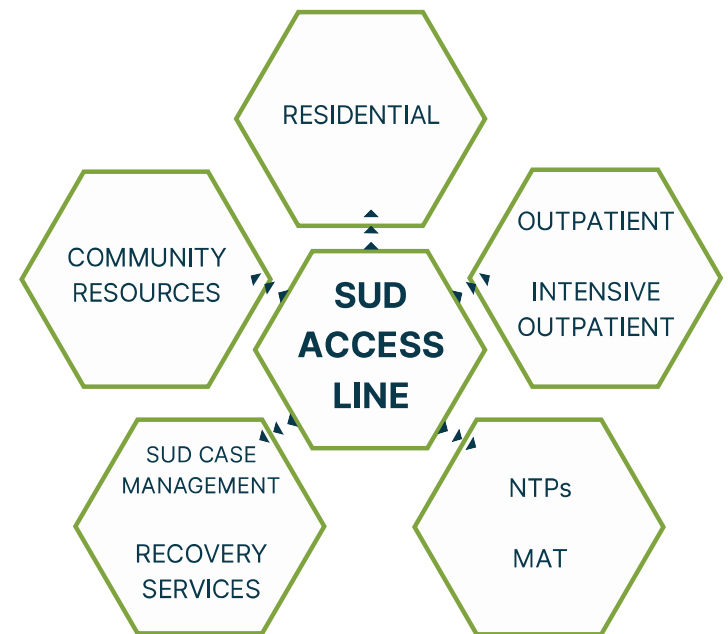
CASE MANAGEMENT



- ▶ PROVIDE CARE COORDINATION AND LINKAGE
- ▶ A SIGNED RELEASE OF INFORMATION (ROI) FORM IS NEEDED
- ▶ REFERRALS FOR SUD CASE MANAGEMENT CAN BE MADE THROUGH THE SUD ACCESS LINE
- ▶ IN OUTLYING AREAS, CONTRACTORS PROVIDE CASE MANAGEMENT
 - CLARVIDA (PREVIOUSLY COLLEGE COMMUNITY SERVICES) PROVIDE SERVICES IN TAFT, WASCO, LAKE ISABELLA, RIDGECREST, TEHACHAPI AND MOJAVE
 - CLINICA SIERRA VISTA PROVIDES SERVICES IN DELANO AND LAMONT

SUD ACCESS LINE

- ▶ IS A TEAM MADE OF STAFF WHO PRE-SCREEN INDIVIDUALS, HELP CONNECT THEM WITH APPOINTMENTS, AND/OR RESOURCES IN THE COMMUNITY
- ▶ ASSISTS IN HELPING CLIENTS GET CONNECTED TO TREATMENT SERVICES BUT DOES NOT PROVIDE OUTPATIENT SERVICES OR RESPOND TO THE FIELD
- ▶ CAN REFER INDIVIDUALS TO MULTIPLE LEVELS OF CARE DEPENDENT ON THEIR NEEDS AND SERVES AS “GRAND CENTRAL” STATION FOR CLIENTS AND PROVIDERS



KERN'S ASAM LEVELS OF CARE

FOCUS ON INDIVIDUALIZED CARE: THE RIGHT INTENSITY, RIGHT LEVEL, RIGHT AMOUNT AND AT THE RIGHT TIME

OUTPATIENT LEVELS OF CARE

0.5 EARLY INTERVENTION (DUI PROVIDERS, PREVENTION CURRICULUM IN SELECT SCHOOLS)

1.0 ADULT, ADOLESCENT, OPIOID TREATMENT SERVICES

2.1 INTENSIVE OUTPATIENT (ADULT, ADOLESCENT)

RESIDENTIAL LEVELS OF CARE

3.1 LOW INTENSITY (ADULT, PERINATAL)

3.2 WITHDRAWAL MANAGEMENT WITHIN RESIDENTIAL FACILITIES

3.3 SPECIAL POPULATIONS

3.5 HIGH INTENSITY (ADULT, ADOLESCENT)



DEFINITIONS

Outpatient levels of care include early intervention (for youth 12-20) who are at risk of developing an SUD, 1.0 Outpatient services, and 2.1 Intensive Outpatient services. These range in hours of services provided per week, up to 19 hours. If clients need additional hours of service, those can be provided if they are medically necessary. The Outpatient modality also includes Opioid Treatment services or MAT programs, which dispense medication on site, or provide prescriptions to be filled at a pharmacy. Outpatient levels of care have variable lengths of stay, and can be used to step to higher levels of care or to step down from residential.

Residential levels of care are provided in licensed facilities where clients live temporarily, while receiving daily clinical services in group or individual modalities. Scheduled activities involve meals, social activities, and assignments designed to develop daily living skills like maintaining one's own room clean. Length of stay varies, but is relatively short. Outpatient services are highly encouraged after a residential episode is completed.

SUD ACCESS LINE:

PROVIDES FREE
SCREENINGS
AND
PLACEMENT IN
SUBSTANCE
USE DISORDER
TREATMENT
FOR MEDI-CAL
MEMBERS



CAN BE REACHED
24/7, 365 DAYS
PER YEAR AT
1-866-266-4898



PROVIDES
INFORMATION:
• BENEFITS
• COMMUNITY
RESOURCES



HAS ACCESS TO
27 TREATMENT
PROVIDER SITES
ACROSS KERN
COUNTY



IN-PERSON
SCREENINGS:

1415 TRUXTUN
AVE
2151 COLLEGE
AVE.
2100 COLLEGE
AVE.



SUBSTANCE USE DISORDER TREATMENT OPTIONS

SUD TREATMENT INCLUDES:

- ▶ OUTPATIENT SERVICES ARE UP TO 9 HRS PER WEEK AND CONSIST OF GROUP AND INDIVIDUAL COUNSELING A FEW TIMES PER WEEK FOR SEVERAL MONTHS DEPENDENT ON INDIVIDUALIZED GOALS AND PROGRESS.
- ▶ INTENSIVE OUTPATIENT ARE BETWEEN 9 TO 19 HRS AND CONSIST OF GROUP/INDIVIDUAL COUNSELING MOST DAYS OF THE WEEK TO HELP ESTABLISH NEW RECOVERY SKILLS AND ELIMINATE SUBSTANCE USE.
- ▶ RESIDENTIAL IS CONSIDERED SHORT-TERM CONSISTING OF APPROXIMATELY 30-60 DAYS OF INTENSIVE TREATMENT AT A LIVE-IN, LICENSED FACILITY.
- ▶ NARCOTIC TREATMENT PROGRAMS PROVIDE DAILY MEDICATIONS FOR OPIOID USE DISORDER AND INDIVIDUAL COUNSELING.
- ▶ OUTPATIENT TREATMENT SERVICES PROVIDE MEDICATIONS FOR OPIOID USE DISORDER AND ASSIST WITH EVALUATIONS, PRESCRIBING MEDICATIONS FOR SUBSTANCE USES DISORDERS, AND MONITORING.

SUD CONTRACTED PROVIDERS

- ▶ ACTION FAMILY COUNSELING
 - RESIDENTIAL
- ▶ AEGIS TREATMENT CENTERS
 - NTP
- ▶ AMERICAN HEALTH SERVICES
 - NTP
- ▶ BAKERSFIELD RECOVERY SERVICES
 - RESIDENTIAL AND OUTPATIENT
- ▶ CLINICA SIERRA VISTA
 - OUTPATIENT
- ▶ CLARVIDA
 - OUTPATIENT
- ▶ COMMUNITY SERVICE ORGANIZATION
 - OUTPATIENT
- ▶ LA VIDA NUEVA
 - OUTPATIENT
- ▶ STEPS
 - OUTPATIENT
- ▶ WESTCARE
 - RESIDENTIAL AND OUTPATIENT

THE SUD ACCESS LINE WILL HAVE A CURRENT LIST OF CONTRACTED PROVIDERS AND ADDITIONAL PROGRAMS AND SERVICES THEY OFFER



EVIDENCE BASED PRACTICES



PSYCHOEDUCATION



COGNITIVE-
BEHAVIORAL THERAPY



MOTIVATIONAL
INTERVIEWING



TRAUMA INFORMED
CARE



RELAPSE PREVENTION



CONTINGENCY
MANAGEMENT



HARM REDUCTION



MEDICATIONS FOR
SUBSTANCE USE
DISORDERS

DEFINITIONS

PSYCHOEDUCATION - focuses on helping patients and their families develop essential recovery skills, including relapse prevention and emotional coping techniques

COGNITIVE BEHAVIORAL THERAPY –focuses on the connection between thoughts, feelings, and behaviors, and being present-focused to manage current challenges. CBT is goal-oriented and collaborative, emphasizing skill-building and relapse prevention, and involves identifying and challenging irrational thoughts

MOTIVATIONAL INTERVIEWING - MI is rooted in a partnership between the patient and provider, focusing on the patient's perspective, interests, values, and concerns. The approach incorporates core principles such as Open-ended questions, Affirmations, Reflective listening, and Summarizing (OARS), alongside the four processes of Engaging, Focusing, Evoking, and Planning.

TRAUMA INFORMED CARE - a strengths-based service delivery approach focused on recognizing and responding to the impact of trauma, emphasizing physical and psychological safety, and creating opportunities for survivors to rebuild a sense of control and empowerment

RELAPSE PREVENTION - serves as a guide with specific steps to take when facing high-risk situations, including emergency contacts and a plan for re-engaging with treatment if a relapse occurs.

CONTINGENCY MANAGEMENT - uses tangible incentives to reinforce positive recovery behaviors, such as abstinence and treatment attendance

HARM REDUCTION - acknowledges that not all individuals with a substance use disorder (SUD) may be interested in or ready for abstinence. It involves meeting patients at their current stage and supporting their individual health goals

MEDICATIONS FOR SUBSTANCE USE DISORDERS – are used as an integral part of a broader treatment approach, rather than just an add-on, for the complex medical disease of addiction. These medications can help manage withdrawal, reduce cravings, normalize brain chemistry, and prevent relapse by relieving physiological or psychological symptoms



IMPORTANT CONSIDERATIONS

CONFIDENTIALITY IN SUD PROGRAMS

- ▶ HIPAA ALLOWS FOR COMMUNICATION BETWEEN TREATMENT PROVIDERS IN ORDER TO TRANSFER AND COORDINATE CARE
- ▶ CONFIDENTIALITY OF SUBSTANCE USE RECORDS IS GOVERNED BY THE CODE OF FEDERAL REGULATIONS—42 CFR, PART 2—WHICH IS MUCH MORE STRINGENT THAN HIPAA
- ▶ REQUIRES A SIGNED RELEASE OF INFORMATION TO COMMUNICATE WITH ANYONE, EVEN BETWEEN KERNBHRS MENTAL HEALTH AND SUD TEAMS

CONTACT US

E-MAIL: AOLVERA@KERNBHRS.ORG

WEBSITE: KERNBHRS.ORG

SUD ACCESS LINE: 1-866-266-4898

