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October 3, 2025
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FOR IMMEDIATE RELEASE

Approved by CJZ
Press Release #25-114

Re-Release on Parole Denied for Convicted Child Molester Howard Kenneth Nowak
CDCR #AL6829; Court Case #BF140146A

Kern County District Attorney Cynthia Zimmer announced that the California Board of Parole Hearings (BPH) denied re-release to convicted child molester Howard Nowak. On September 26, 2025, BPH found that Nowak continues to pose a current and unreasonable risk to public safety. Representing the District Attorney's Office was Deputy District Attorney Gina Nargie.

On December 9, 2010, law enforcement started an investigation into Nowak in relation to his girlfriend's 6-year-old daughter. The investigation revealed that Nowak forced the 6-year-old victim to orally copulate and masturbate him to ejaculation. Further, Nowak orally copulated the victim. The sexual abuse was on-going for approximately one year. Nowak was 27 to 28 years old when he committed these sexual assaults.

On April 18, 2012, Nowak pled guilty to forcible child molest. On May 30, 2012, a Kern County Judge sentenced Nowak to 10 years in state prison.

On December 14, 2019, Nowak was released on parole to Sacramento County. By October of 2020, Nowak violated his parole conditions when he failed to attend sex offender treatment. He remained free on parole despite this violation. By August of 2021, again, Nowak failed to participate in sex offender treatment. He remained free on parole despite this violation of his conditions of release. On October 31, 2022, Nowak was found in possession of alcohol and was using social media in violation of his terms and conditions of parole. Again, he remained free on parole. In 2024, Nowak received three more parole violations. The first was in March of 2024 for failure to charge his GPS device. The second was in July of 2024 for failure to participate in sex offender treatment. The third was two separate instances in August of 2024, for failure to charge his GPS device on two separate occasions.

Nowak's seventh and final parole violation occurred on November 23, 2024, when he was found with a 14-year-old female at Roy Hayer Park in Rio Linda, California. Nowak told law enforcement they were "smoking weed and hanging out." When the minor female was interviewed that day, she told law enforcement that she had been texting Nowak from approximately 2 weeks. The two had met up on multiple occasions to "hang out and smoke weed". The minor victim disclosed to law enforcement that Nowak would give her massages and "touched her privates and made her feel uncomfortable." As a result of this incident, Nowak was returned to state prison.

On September 26, 2025, the BPH conducted Nowak's first parole reconsideration hearing. Nowak's commissioners focused on the circumstance of his involvement with the 14-year-old female victim. Specifically, the commissioners focused on how he met and groomed the minor female. In addition, the commissioners focused on his lack of participation in sex offender treatment while released into the community and limited rehabilitate sex offender programming since his return to custody. The Kern County District Attorney's Office asked the BPH to deny parole. The BPH found that Nowak was not suitable for parole because he continued to pose a current unreasonable risk of danger to society. Under California law, the maximum time an individual can be denied parole for a parole violation after being released and returned to custody is one year. Nowak's commissioners issued a one-year denial. As such, Nowak's next parole reconsideration hearing date will be in approximately one year.

District Attorney Cynthia Zimmer commented; "Although I am relieved that this repeat offender will remain behind bars, we know this will not be the last time we must stand before the parole board to request his release denial. For the safety of our communities, we will continue to advocate tirelessly to ensure that this convicted child molester remains incarcerated."

Howard Kenneth Nowak:

