

Be
kind
to
your
mind



May is Mental Health Awareness Month. Together we can end the stigma surrounding mental health.

If you or a loved one is in immediate need of help, call or text the 24/7/365 crisis hotline at 988.

MENTAL HEALTH AWARENESS PROCLAMATION

April 29 - 9:00 AM

County Administrative Building

1115 Truxtun Ave., Bakersfield, CA 93301

CLARVIDA RESOURCE FAIR

May 2 - 10:00 AM to 2:00 PM
Clarvida
2821 H St., Bakersfield, CA 93301

FREE FAMILY DAY AT CALM

May 3 - 9:00 AM to 3:00 PM
Sponsored by KernBHRS- MHSA
10500 Alfred Harrell Hwy, Bakersfield, CA 93306

NAMI MENTAL HEALTH GALA

May 3 - 6:00 PM to 10:00 PM
CityServe
3201 F St., Bakersfield, CA 93301

INSPIRATION AWARDS

May 8 - 9:30 AM to 11:00 AM
KernBHRS Westchester Courtyard
2001 28th St., Bakersfield, CA 93301

BAKERSFIELD CSV OPEN HOUSE

May 8 - 1:00 PM to 4:00 PM
Clinica Sierra Vista
3117 Wilson Road, Bakersfield, CA 93304

WASCO COMMUNITY RESOURCE FAIR

May 9 - 4:00 PM to 6:00 PM
Clarvida
820 6th St., Wasco, CA 93280

RIDGEVIEW RESOURCE FAIR

May 12 - 5:00 PM-7:00 PM
Ridgeview High School
8501 Stine Rd., Bakersfield, CA 93313

RIDGECREST OPEN HOUSE

May 13 - 11:00 AM to 3:00 PM
Clarvida
1400 N. Norma St. Ste. 133 Ridgecrest, CA 93555

**PLUSH RUSH:
COLLECTING PLUSHIES FOR KIDS**

May 14 - 8:45 AM to 3:35 PM
KernBHRS MET Team
Visiting KernBHRS Sites

LEBEC CSV OPEN HOUSE

May 14 - 1:00 PM to 4:00 PM
Clinica Sierra Vista
704 Lebec Rd., Lebec, CA 93243

**MENTAL HEALTH WORKSHOP
IN PARTNERSHIP WITH NAMI**

May 15 - 10:00 AM to 2:00 PM
Consumer Family Learning Center
2001 28th St., Bakersfield, CA 93301

WASCO COMMUNITY RESOURCE FAIR

May 16 - 3:00 PM to 5:00 PM
Clarvida
930 F St. Wasco, CA 93280

LAKE ISABELLA COMMUNITY EVENT

May 16 - 3:00 PM to 6:00 PM
Clarvida
2717 Nugget Ave., Lake Isabella, CA 93240

DELANO CSV OPEN HOUSE

May 20 - 9:00 AM to 12:00 PM
Clinica Sierra Vista
355 Dover Parkway, Delano, CA 93215

LAMONT CSV OPEN HOUSE

May 22 - 11:30 AM to 1:30 PM
Clinica Sierra Vista
8933 Panama Road, Lamont, CA 93241

TAFT CLARVIDA OPEN HOUSE

May 23 - 11:00 AM to 1:00 PM
Clarvida
1021 4th St. Ste. B, Taft, CA 93268

MOJAVE CAR SHOW

May 24 - 12:00 PM to 4:00 PM
Clarvida
16940 Hwy 14 Ste. F, Mojave, CA 93401

APPLE CORE DISTRIBUTION

May 28 - 3:00 PM to 5:00 PM
Apple Core Project
616 Grace St., Bakersfield, CA 93305

BAIHP - KEEPERS OF TRADITIONS

May 30 - 4:00 PM to 7:30 PM
Bakersfield American Indian Health Project
501 40th St., Bakersfield, CA 93301

HOT DOGS AT CENTRAL PARK

May 31 - 1:00 PM to 4:00 PM
Clarvida
113 E. F St., Tehachapi, CA 93561

BOOKWORM BUDDIES

All Month
KernBHRS
Elementary Schools Throughout Kern

www.KernBHRS.org

The County Administrative Building will be lit green ALL MONTH
Snap a picture & tag @Kernbhrrs on social!

@Kernbhrrs

