

What we do

Our community resource center is a vital asset to the area, offering a wide range of support groups and classes designed to meet the diverse needs of our community members. Whether you're looking to manage stress, navigate through grief, or improve your budgeting skills, we provide practical and emotional support in a welcoming environment. Our offerings extend beyond traditional classes, with activities like trivia, bingo, and community outings that foster social connections and a sense of belonging. Additionally, our team is dedicated to bridging the gap to essential resources, ensuring that everyone has access to the help they need, no matter the challenge, we're here to support, educate, and empower, making us a go to hub for anyone seeking growth and connection.



Crisis Hotline 1-800-991-5272
988 Suicide & Crisis Lifeline
SUD Access Line 1-866-266-4898

MAY 2025

Clarvida Hope Center

Call or Text 760-382-1428
1400 N. Norma Suite 137
Ridgecrest, California 93555

The Hope Center is funded by the Mental Health Services Act through Kern County BHRS

18 and above only.

Monday

8am-9am coffee hour
9am-10:30am Anxiety Support Group
11am-12:30pm Depression + Mood
Disorder Support Group
1pm-2:30pm Men's Group
3pm-4:30pm Neurodivergent Voices
Support Group

Tuesday

8am-9am coffee hour
9am-10:30am Gardening and
Sustainability
11am-12:30pm Healing Through Music
and Movement
1pm-2:30pm Goal Setting
3pm-4:30pm Cal Benefits sign up

Wednesday

8am-9am coffee hour
9am-10:30am Women's Support Group
11am-12:30pm Young Adults Support
Group
1pm-2:30pm Parenting Support Circle
3pm-4:30pm - Grief Support

Thursday

8am-9am coffee hour
9am-10:30am Resume Building
11am-12:30pm Computer Literacy
1pm-2:30pm Budgeting
3pm-4:30pm Time Management

Fri-yay!

8am-9am coffee hour
9am-10:30am - Building Healthy
Relationships
11am-12:30pm Game Corner
1pm-2:30pm - Mindful living Support
Group
3pm-4:30pm - Creative Coping Group

LGBTQ+ Support Groups

May 9th 11am-1pm

May 20th 5pm-7pm