



What is the Hope Center?

Our community resource center is a vital asset to the area, offering a wide range of support groups and classes designed to meet the diverse needs of our community members. Whether you're looking to manage stress, navigate through grief, or improve your budgeting skills, we provide practical and emotional support in a welcoming environment. Our offerings extend beyond traditional classes, with activities like trivia, bingo, and community outings that foster social connections and a sense of belonging. Additionally, our team is dedicated to bridging the gap to essential resources, ensuring that everyone has access to the help they need, no matter the challenge, we're here to support, educate, and empower, making us a go to hub for anyone seeking growth and connection.



How to get in contact.



760-382-1428
1400 N. Norma Suite 137

CRISIS HOTLINE 1-800-991-5272
988 SUICIDE & CRISIS LIFELINE
SUD ACCESS LINE 1-866-266-4898



Call or Text
760-382-1428
1400 N. Norma Suite 137

The Hope Center is funded
by the Mental Health
Services Act through Kern
County BHRS

JOIN OUR FAMILY

We look forward to helping your child learn, grow, and have fun every day!

MONDAY

8:00 AM - 10:00 AM COFFEE
HOUR

10:00 AM - 11:30 AM COMMUNICATION
SKILLS

1:00 PM - 2:30 PM STRENGTH
IDENTIFICATION

3:00 PM - 4:30 PM SOCIAL
HOUR

TUESDAY

8:00 AM - 10:00 AM COFFEE
HOUR

10:00 AM - 11:00 AM ART
THERAPY

11:00 AM - 12:00 PM RESUME
BUILDING

1:00 PM - 2:30 PM SOCIAL HOUR

3:00 PM - 4:30 PM ANGER
MANAGEMENT

WEDNESDAY

8:00 AM - 10:00 AM COFFEE
HOUR

10:00 AM - 11:30 AM STRESS
TOOLS

2:00 PM - 3:30 PM GRIEF
SUPPORT

3:30 PM - 5 PM SOCIAL HOUR

THURSDAY

8:00 AM - 10:00 AM COFFEE
HOUR

10:00 AM - 12:00 BREATH
WORK

1:30 AM - 3:00 PM SOCIAL
HOUR

3:00 PM - 4:30 PM ART
THERAPY

FRIYAY!!

ALL DAY MOVIE DAY!

8:00 AM - 10:00 AM COFFEE
HOUR

1:00 PM - 2:00 PM
BINGO

2:00 PM - 3:00 PM CARD
GAMES

