



Kern County Commission On Aging

Stephanie Lynch, Chairperson
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EXECUTIVE COMMITTEE MEETING MINUTES

February 7, 2024, 1:30 PM

Aging and Adult Services
5357 Truxtun Avenue, Bakersfield, CA
Video Meeting via Zoom

CALL TO ORDER

Chair Lynch called the meeting to order at 1:31 p.m.

ROLL CALL OF EXECUTIVE COMMITTEE MEMBERS

(*Chairperson, **Vice Chairperson, ***Parliamentarian)

Executive Members Present: Barbara Goodlow, ***Kris Grasty, Jan Lemucchi, *Stephanie Lynch, Linda Oswald, Yolanda Prado, and **Judy Snyder

Excused Absence: None.

Quorum present: Quorum confirmed by Jeremy Oliver

Commission on Aging Members Present: None.

Honorary Commissioners Present: None.

Aging & Adult Services Staff Present: Laura Juarez

Guests Present: None.

DISCUSSION ITEMS:

- **Commissioner Appointment** – Chair Lynch shared that Commissioner Linder was reappointed.
- **Getting Resource Information (articles) Out to Seniors** – A discussion was had on how to go about getting resource information out to seniors. Jeremy Oliver shared that the articles written in the Bakersfield Life Magazine were added to the COA website. This

will help to get information out into the community. Chair Lynch asked that everyone keep the committee apprised of resources so it can be shared. Some suggestions to share information with are churches, social groups, clubs, health fairs, senior centers, AASD social media pages, and Kern County retirees.

- **CSUB 60+ Health Fair** – The COA will be a vendor at their Health Fair on May 8, 2024. The 60+ Club would like to use our list of vendors to help them recruit vendors for this event. This is a new group and it's important that our services and other resources are shared with them. Laura will email the list of vendors to Chair Lynch. Laura will also update the COA brochure with current photos of Commissioners.
- **DeafLink Accessible Hazard Alert System** – A presentation on DeafLink's Accessible Hazard Alert System (AHAS) will take place on February 20, 2024, at 10 a.m. at the Kern County Office of Emergency Services. If you will be attending, you are encouraged to RSVP by February 13th with Marlene Acosta @ 661-873-2602.
- **Centenarian Recognition Program** – Parliamentarian Grasty shared that Senator Grove's office reached out to Jeremy stating they read the article about our Centenarian Recognition Program in the Bakersfield Life Magazine and they are interested in participating in the program and send out a letter to all those already celebrated and to new ones. She shared out list with them and they are excited about partnering with us. Supervisor Couch's also would like to prepare certificates for the Centenarians. KGET 17 continues to recognize them on their Sunrise News show. Parliamentarian Grasty said she will call the Activities Directors of the senior living places to make sure they are aware of the program. She would also like to revise the form to include a relative's contact and another mailing address, as families may not always want things mailed to the facility, but to a relative.
- **Suggested Quarterly MAPA Ad Hoc Update Meetings** – Vice-Chair Snyder shared that she would like to have quarterly roundtable with the AdHoc Committee beginning in March and invite stakeholders to attend to learn what's important to them. Please forward your thoughts for the roundtable to her or Commissioner Lemucchi.
- **COA Orientation Binder** – Parliamentarian Grasty shared her suggestions on what should be in the binder and what should be posted on the COA website. The Committee went through each section and agreed on changes. A list of the changes will be emailed to Laura, who will work on getting this updated by August 2024. The original orientation binder will be kept at AASD.

- **Follow-up Re: Wasco Senior Center** – Parliamentarian Grasty followed up on Wasco senior's concerns. AASD does provide services there each month, and recently purchased a tv and Wi-Fi. Martin Reynoso's team goes out a few times each month to provide senior nutrition information. Digital Divide is also available to help with electronic device training. Commissioner Juarez-Ceja and Commissioner Hernandez will reach out to see about offering free classes through their offices. A letter will be sent to the Director of Wasco Parks and Recreation to ask what they can provide and inform her of the seniors' concerns. The Director shared that they provide the Wasco seniors to the Shafter senior's events and activities. A letter will be written to Rachel, of the Wasco Senior Center, to let her know of the results of her contact with the Director of Wasco Parks and Recreation. Commissioner Prado suggested they have someone create a calendar of activities for the seniors in Wasco.
- **Vial of Life** – Jeremy shared that AASD has some supply of Vial of Life's at the office.
- **Family Life Magazine** – Commissioner Prado asked if we could get copies of the Family Life Magazine to share with senior centers. Jeremy shared that the Department does have some posted in the lobby and can give some to her for the Prado Senior Center. A PDF version of all articles in the magazine is available on the COA website.
- **COA Office at AASD** – Commissioner Prado asked if he's found a space for the COA office to keep supplies. Jeremy said we do not have any spare space for an office just yet, but after we acquire additional space, he will look at dedicating office space for COA.

CORRESPONDENCE:

- Commission Correspondence
 1. Chair Lynch sent a note to Assemblymember Dr. Baines thanking her for the editorial she wrote.

ACTION ITEMS:

1. **Approval of January 10, 2024, Executive Committee Minutes** – The minutes were approved as prepared.
Motion: Grasty; Second: Lemucchi; Abstention: Lynch; Objection; 0. Motion carried.
2. **Approval of February 26, 2024, Regular Meeting Agenda** - The agenda was approved with amendments.
Motion: Snyder; Second: Prado; Abstention: 0; Objection; 0. Motion carried.

3. Approval of Ethics Training Monitoring Standing Rule – The Ethics Training Monitoring instructions were approved to add this item to the regular meeting agenda to be added as a Standing Rule.

Motion: Grasty; Second: Goodlow; Abstention: 0; Objection; 0. Motion carried.

ADJOURNMENT - The meeting was adjourned at 2:57 p.m.

Respectfully Submitted,

Jeremy Oliver, Secretary