BEHAVIORAL HEALTH&RECOVERY SERVICES

# KERN COUNTY BEHAVIORAL HEALTH BOARD
# REGULAR MEETING MINUTES

Monday, May 23, 2022
5:30 p.m.
Behavioral Health and Recovery Services (KernBHRS)
2001 28th Street, Bakersfield, CA, Westchester Training Room and Teams

**BOARD MEMBERS PRESENT:**

Charles Collom – Chair: *Excused*
Sonia Silva (Dist. 1) – 1st Vice Chair: Teams
Stephanie Hermeston (Dist. 1) – 2nd Vice Chair: Teams
David Kessler (Dist. 3) – Parliamentarian: *Excused*
John Antonaros –BOS Appointee: In Person
Deborah Fabos (Dist. 2): Teams
Bryson Gholston (Dist. 3): Teams
Traco Matthews (Dist. 4): *Excused*
Nancy Solis (Dist. 5): *Absent*
Dian Schneider (Dist. 2): In Person
Lorre Webb (Dist. 2): *Excused*
Flossie White (Dist. 4): In Person
Jeff Burdick (Dist. 1): In Person

Tracy Lynch – BHB Coordinator: In Person

**OTHERS PRESENT:**

Ben Valdez: In Person
Jon Colocho: In Person
Marisa Trebizo: In Person
Veronica Welch: In Person

**KERNBHRS STAFF:**

Stacy Kuwahara – Director: In Person
Lynn Corse: In Person
Candee Del Rio: In Person
Jennie Sill: In Person
Amber Lobos: In Person
Ana Olvera: In Person
Ellen Eggert: In Person
Emily Lyles: In Person
Robin Taylor: Teams
Estela Stewart: In Person

1. **Welcome and Introductions:** Sonia Silva welcomed all in attendance.

2. **Establish Quorum:** 8 present 4 excused 1 absent; Quorum established.

3. **Approval of Regular Meeting Minutes (Draft) for April 25, 2022:** MOTION by Stephanie Hermeston to approve minutes and seconded by Bryson Gholston; SEVEN AYES; 1 ABSTAINED. Motion passed.

4. **Presentation by Jennie Sill and Ellen Eggert, "KernBHRS Suicide Prevention, Outreach and Education Efforts"**
   Shared a presentation via PowerPoint on Youth Based Outreach and Education, Children's System of Care, Prepare U, More Than Sad, Community Based Outreach and Education, General Outreach and Education, Suicide Prevention Collaborations, and Resources. Time allowed for *Questions and Answers.*

5. **Public Comment:** None

6. **Unfinished Business:** None

**7. New Business:**

**A. Kern County Mental Health Services Act (MHSA) Annual Update Plan Fiscal Year 2022-2023 – Amber Lobos and Candee Del Rio:** Shared a presentation via Power Point on MHSA Annual Plan Update FY 22-23 & Annual Revenue and Expenditure Report (ARER). Time allowed for *Questions and Answers.* MOTION by Jeff Burdick to approve the MHSA Annual Update Plan Fiscal Year 2022-2023 and seconded by Dian Schneider, ALL AYES. Motion passed.

**8. Chair Report:** None.

**9. Adult Clinical Services Report – Emily Lyles for Heather Hornibrook, Interim Deputy Director:**

- Adult System of Care:
  - As of April 1st, we are all back on site providing in person services.
  - Assisted Outpatient Team: Big increase in referrals and doing trainings in the community.
  - Specialty Services Team: Provides Dialectical Behavioral Therapy (DBT), Eye Movement Desensitization and Reprocessing (EMDR) and works with a Doctor on Eating Disorders.
  - Early Psychosis Program: Recently implemented.
- Kern Linkage Division:
  - Supportive Pathway Opportunities (SPO) Program: Allotted 20 additional spots on their team.
  - Relational Outreach and Engagement Team (ROEM): Continue to be successful working in the community providing services to the chronically homeless population. Received Innovation funds for a mobile clinic.
- Recovery Supports:
  - California Mental Health Services Authority (CalMHSA): Working closely with CalMHSA regarding statewide Medi-Cal peer support training certification.
  - Homeless Outreach Program: We have a contract with Flood Ministries who work with our Outreach Teams, Homeless Adult Team, Relational Outreach and Engagement Team. Many of Flood Ministries staff have lived experiences of homelessness.
  - Self-Empowerment Team (SET): Staffed by Behavioral Health Peer Support Specialists and certified Substance Use Disorder Specialists continues to provide peer outreach and engagement. Also, piloting a permanent supportive housing peer liaison program.
  - Consumer Family Learning Center (CFLC): Providing 25 virtual groups to members and consumers per week. At least one group per day is in Spanish. Outdoor Art classes were held this month to prepare for the Art in the Park Event. College Community Services operates the Hope Center in Ridgecrest and Tehachapi Learning Center, and they offer in person groups.
- Housing Division:
  - Back on site doing announced and unannounced visits.
  - Proposition 47: $6 Million Grant Application submitted to support 3 program areas (Forensics supportive services, Community based supportive services, and Substance Use Disorder early intervention and engagement).

**10. Specialty Clinical Services Report – Robin Taylor, Deputy Director**

- Department Supports Division:
  - Asian Pacific Islander (API) Event on May 25 from 3-4 PM. Flier will be emailed out to BHB Members.
  - Grant Writing Training: Sending 10 staff.
- Contracts Division:
  - Contracts on schedule to be completed for next Fiscal Year operations.

- Children's System of Care:
  - KernBHRS Crossroads Implementation: Taking over from Probation July 1.
  - Mental Health Student Services Act (MHSSA): Completing grant to expand MHSSA and proposing further integration between KernBHRS and Kern County Superintendent of Schools.
  - Seeing increase of youth coming into services. From January to March there was a 67% increase in youth coming in for Assessments.

**11. Department Report – Stacy Kuwahara, Director**

- Governors May revision came out with a lot of grant funding.
- State Recoupment: Kern County has an $8 million payback.
- Care Court: Conversations going on and legislation being negotiated.
- Children and Youth: Lot of money going into investments for children and youth that is meaningful. Studying impact of technology on youth and how it impacts their mental health and putting money aside for youth suicide prevention.
- Homelessness: Lot of money going into development projects to build out affordable housing, more money for project Home Key, money for interim housing for local governments, and increasing social security investments (cost of living adjustments).
- Data Notebook: Posted and gearing up to do Data Notebook again this year. Topic of the survey is out earlier than usual and is on Homelessness.
- Staff Retention: Focusing on supporting my staff.
- COVID: Projected to go into a mini surge peaking around July 5. We may need to have some flexibility again in our June meeting. Strategic event in July, may be pushed to August.

**12. Board Member Item:**

- Dian Schneider: Attended System Quality Improvement Committee today and there was a really nice presentation I thought would be nice for the BHB on Patient Rights. Cultural Competence Training for staff, can BHB members attend? Stacy will find out and report back to the BHB.

**13. Committee Reports:**

**A.** Adult Treatment & Recovery Services – Lynn Corse for Lorre Webb: Committee meets every 2nd Wednesday from 4-5:30 PM in person and Teams. Goals have been set for the year and we focus on a different goal each meeting. We have a speaker invited to come talk to us about that goal. Last meeting focused on SB803 Statewide Peer Support Specialist Training Certification Program.

**B.** Children's Treatment & Recovery Services –Jeff Burdick: Meets quarterly, next meeting is scheduled for July 14th.

**C.** System Quality Improvement Committee – Dian Schneider for David Kessler: Discussed earlier under Item #12, Board Member Item. Graph on death rates for last year and where the numbers are going. Increase of suicides during COVID in Transitional Age Youth (TAY) group.

**14. Public Announcements:** None.

**15. Adjourn:** MOTION by Jeff Burdick to adjourn to the next regular meeting in person on June 27, 2022 and seconded by Dian Schneider. ALL AYES. Motion passed. Adjourned at 6:52 p.m.

Items Distributed via Meeting Invite
BHB Meeting Schedule 2022
BHB Agenda for May 23, 2022
Meeting Minutes (Draft) from April 25, 2022
https://www.kernbhrs.org/behavioral-health-board