BEHAVIORAL HEALTH&RECOVERY SERVICES

KERN COUNTY BEHAVIORAL HEALTH BOARD
REGULAR MEETING MINUTES

Monday, February 28, 2022
5:30 p.m.
Behavioral Health and Recovery Services (KernBHRS)
Via Zoom

BOARD MEMBERS PRESENT:

Charles Collom – Chair
Sonia Silva (Dist. 1) – 1st Vice Chair
Stephanie Hermeston (Dist. 1) – 2nd Vice Chair
David Kessler (Dist. 3) – Parliamentarian
John Antonaros – Board of Supervisors Appointee *Excused*
Deborah Fabos (Dist. 2)
Bryson Gholston (Dist. 3)
Traco Matthews (Dist. 4)
Nancy Solis (Dist. 5)
Dian Schneider (Dist. 2)
Lorre Webb (Dist. 2) *Excused*
Flossie White (Dist. 4)
Rachelle Classen (Dist. 5) *Absent*
Jeff Burdick (Dist. 1)
Tracy Lynch – BHB Coordinator

OTHERS PRESENT:

Faith Logan-Rosell
Marlene Estrada
Shannon Hope
Sergio Hernandez
Robyn Garcia

KERNBHRS STAFF:

Stacy Kuwahara – Director
Alison Burrowes – Deputy Director
Jessica Armstrong
Ricky Castellanos
Felicia Alcaraz
Heather Hornibrook
Joy Quiton-Buaya
Christina Rajlal
Lynn Corse
John French

1. **Welcome and Introductions:** Charles Collom welcomed all in attendance. Board members provided self-introductions.

2. **Establish Quorum:** 11 present 2 excused 1 absent; Quorum established.

3. **Approval of Regular Meeting Minutes (Draft) for 1/24/2022:** MOTION by Sonia Silva to approve minutes and seconded by Nancy Solis; ALL AYES. APPROVED.

4. **Presentation on Individual Placement & Supports (IPS)**
   Heather Hornibrook, KernBHRS Administrator for Adult System of Care, Felicia Alcaraz KernBHRS Specialty Services Team Supervisor & John French.

   Shared and reviewed a PowerPoint. IPS is an evidence based supported employment program to provide clients with resources/tools to assist seek jobs. Share employers, job fairs and workshops to the team at **IPS@kernbhrs.org**.

Q & A

Q: How can someone from the general public be initiated?
A: Currently we are providing treatment to only our pilot teams: Homeless Adults Team, Adult Transition Team and Transitional Aged Youth.

Q: How can support be provided?
A: By sharing connections to employers who are hiring, job fairs and workshops. Also, by sharing connections that may benefit the program (job training, work attire, supply donations, etc.).

Q: How can we donate clothes?
A: Send an email to IPS@kernbhrs.org

5. **Public Comment:** An opportunity was provided for members of the public to address the Board. Questions asked about IPS Program and John French provided answers. HEARD.

6. **Unfinished Business:** None

7. **New Business:**

A. Mobile Clinic with Street Psychiatry Innovation Plan Presentation by Dr. Rajlal

Q&A

1. Q: Is the goal for IM injections specifically anti-psychotic IM injections?
   A: Christina: Yes, that would be for anti-psychotics.

2. Q: Could we be giving out flu shots at the same time as the IM injections?
   A: Stacy replied that it is not part of the services our psychiatric nurses provide; it is not included as a mental health service and so we're not eligible to do that for our clients.
   A: Christina shared additional information - The plan is to partner with our community-based partners that already offer services like showers and mobile immunizations. Focus is on those who are unsheltered. Scheduling our Mobile Clinic Street Psychiatry (MCSP) with services that are already in existence in the community, are built into the plan.

3. Q: Are you using a big van with staff going out to meet with a group of homeless on the streets?
   Or is it like the mobile immunization truck the health department uses to give out immunizations?
   A: Stacy - Currently the ROEM Team is a team of 2 staff, and they are going out in an air conditioned van. The services we are providing are literally in the back of that van which does not offer enough space to have conversations and for psychiatrists to work with clients and giving an injection isn't really feasible and with no private space.

   For MCSP, the vehicle is going to be bigger than a van, and different; offering an air-conditioned space, be roomy, have workspace that allows our staff, psychiatrists, and nurses to meet with clients in a private space.

4. Q: Will it just be one vehicle? Will it be a couple of them?

A: Christina – Yes, we will have one larger vehicle (what Stacy just described) that will look more like an RV. We will be building out a second unit that will look more like a sprinter van so that we can better access those unsheltered out in the riverbeds and through areas that might need off-road navigation.

5. Q: You're planning on providing the MCSP anywhere in this county; it's not just restricted to Bakersfield?
   A: Christina – The roll out of this innovation project will be gradual targeting the downtown and metro Bakersfield area. With the success of this model, we are looking at the different components to build and expand out into other county areas.

6. Q: At the end of the 5 years what happens, and would this become a permanent program?
   A: Christina - Every innovation program has a lifespan of either 3 or 5 years. This program's lifespan is 5 years. Towards the middle of the program, we will start measuring the effectiveness, what are the outcome measures, is this a successful endeavor and a good use of our funds? We don't know if funding will be available at that time so this will really be dependent on the success of this model. If it is successful, then we start looking at that sustainability of funding.

7. Q: In your presentation of Intended Outcomes where it shows IM Injections - 10, is it limited to 10 people only? Is that annually or monthly?
   A: Christina - Some of these numbers seem really low, and it's because this is an innovative model, and we don't know how many people we are going to get. We can take more but our target is to hit at least 10 (a number based off data of who we currently serve). We foresee the number of Narcan distribution, to be a lot higher too. Many factors will come into play to allow us to be able to hit higher numbers.

Chair entertained a motion for BHB to approve the implementation of the Mobile Clinic with Street Psychiatry by Traco Matthews and seconded by David Kessler. ALL AYES. APPROVED.

B. BHB Next Meeting March 28, 2022 Vote: Returning to Zoom next month. Motion by David Kessler to have BHB Executive Committee to explore returning in person in April then reporting decision to the BHB. ALL AYES. APPROVED.

8. Chair Report – Charles Collom: None.

9. Adult Clinical Services Report – Alison Burrowes, Deputy Director:
Shared and reviewed a PowerPoint on Substance Use Services: Recovery Station Expansion and Contingency Management Pilot, Mental Health and Proposition 47 Grant.

Heather Hornibrook was appointed as Interim Deputy Director for Adult Clinical Services while Alison is on leave.

10. Specialty Clinical Services Report – Robin Taylor, Deputy Director (Stacy for Robin)
Shared information on Department Supports Division created accounts for all BHB members to take trainings on Relias, moving forward with PHF groundbreaking ceremony in April, Mobile Evaluation Team co-response team starts in February, in Medical Services KernBHRS has a new partnership with Delta Healthcare, and Department of Healthcare Services tri-annual audit in April.

11. Department Report – Stacy Kuwahara, Director
Shared information on increasing office space for services, staff exposures have decreased, and all staff will be back on-site by April 1st with some teams continuing to work remotely (non-clinical).

12. **Board Member Item:** Question was asked on how to explain suicide to their son that lost a friend by suicide. Director Stacy will connect and share resources with them. A presentation to BHB was recommended.

13. **Committee Reports:**
    - **A.** Adult Treatment & Recovery Services – Deferred to next meeting; Lorre is absent.
    - **B.** Children's Treatment & Recovery Services – Dian Schneider & Jeff Burdick: No meeting since last BHB Meeting; these meetings are quarterly.
    - **C.** System Quality Improvement Committee – David Kessler: Committee had a presentation at their meeting today on documentation of timelines, competence plan and barriers information.

14. **Public Announcements:** None.

15. **Adjourn:** MOTION by Sonia Silva and seconded by Flossie White to adjourn to the next regular meeting via Zoom on March 28, 2022. APPROVED ALL AYES; adjourned at 6:50 p.m.

Items Distributed via Meeting Invite
BHB Meeting Schedule for Year 2022
BHB Agenda for February 28, 2022
Meeting Minutes (Draft) from January 24, 2022
Mobile Clinic with Street Psychiatry Presentation
https://www.kernbhrs.org/behavioral-health-board