



Kern County Commission On Aging

Stephanie Lynch, Chairperson
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EXECUTIVE COMMITTEE MEETING MINUTES

July 5, 2023, 1:30 PM
Aging and Adult Services
5357 Truxtun Avenue, Bakersfield, CA
Video Meeting via Zoom

CALL TO ORDER

Chair Lynch called the meeting to order at 1:31 p.m.

ROLL CALL OF EXECUTIVE COMMITTEE MEMBERS

*(*Chairperson, **Vice Chairperson, ***Parliamentarian)*

Executive Members Present: Barbara Goodlow, ***Kris Grasty, Jan Lemucchi, *Stephanie Lynch, Linda Oswald, Yolanda Prado, and **Judy Snyder

Excused Absence: None.

Quorum present: Quorum confirmed by Jeremy Oliver

Commission on Aging Members Present: None.

Honorary Commissioners Present: None.

Aging & Adult Services Staff Present: Laura Juarez

Guests Present: Tammy Hartsch

DISCUSSION ITEMS:

- Commissioner Committees – A discussion was had about vacancies on Committees and Commissioners. With Commissioner Snyder serving on three committees, she might have to resign from IHSS Advisory Committee. Names were suggested about who to replace her on that committee. Commissioner Snyder will attend the next couple of IHSS Advisory Committee meetings and possibly have another Commissioner appointed for the November 16th meeting. Also discussed was too

many Commissioners are on the Long-Term Care Ombudsman Committee. We need to shorten the list to no more than four. It was suggested that the Master Plan for Aging be added to the Senior Center Advisory Committee since they go out to senior centers, they can get feedback from seniors, but later decided it would be best to make Master Plan for Aging an Ad Hoc Committee.

- **Senior Day at the Fair** – Since Commissioners have not received a response from the Kern County Fair Board, members of the Commission on Aging will be attending the Kern County Fair Board meeting this evening to speak during public remarks about the letter sent to their Board about suggestions and concerns (parking, wheelchairs, trolley, map of exhibits, etc.) for Senior Day at the Fair. Laura will send the Exec. Committee a copy of the letter that was sent to the Fair Board
- **Centenarian Recognition Program** – It was discussed about making this program part of the Sunshine Committee, but since this process is evolving and there's so much more involved with the program now (KGET 17 Sunrise News, posting on COA website), this will be made into an Ad Hoc Committee. Esther Hub was featured on 17 Sunrise News on July 2nd. There was also discussion about revising our form to include check boxes for approval to post on COA website, and to be recognized on KGET 17 Sunrise News. The certificates that were purchased for the certificate holders that were purchased do not fit even though they are matching. Will likely need to purchase the correct certificate holders if we cannot modify the certificate holders. Commissioner Snyder volunteered to try modifying them. Laura has an electronic folder to keep record of the Centenarians and their authorization forms, photo(s), and bios.
- **COA Highlights 2021-2023** – Commissioner Prado is finishing up with the COA Highlights. There is a piece at the end that Commissioner Lemucchi will be adding regarding Master Plan for Aging. It is difficult remembering all that was done within the last two years, so it was suggested that a "Historian" Ad Hoc Committee be created to keep record of activities and accolades throughout the year. Commissioner Prado will chair this committee, and Commissioner Lemucchi will also serve on this committee. All Commissioners are welcome to contribute. It was also decided to start adding "COA Highlights" onto the Executive Committee meeting agenda so that we are reminded to add anything that needs to be added to the next COA Highlights. Per COA Bylaws, the Commission is to prepare an annual report containing recommendations to improve the lives of older persons, and a summary of its activities for the previous year, so we will have to prepare Highlights annually on June 30th. Recommendations are usually included in the Area Plan Update that the Commission participates in.
- **Senior Celebration** – There will not be a Senior Celebration this year since we already had one last year. Senior Celebrations are to take place every two years.

- **Commissioner Appointment** – Commissioner Grasty reported that the Appointment Committee reviewed and would like to make a recommendation to the Exec. Committee that a letter of recommendation for appointment be sent to District 1 Supervisors to appoint Harpreet Sonia Dhillon. The Executive Committee agreed so Laura will send a letter of recommendation to District 1.
- **Meals on Wheels** – With the implementation of frozen meals, there's a lot of noise going on at the senior centers that senior nutrition staff will lose their jobs. Jeremy shared that Revolution Foods is the vendor for the frozen meal delivery, and he has been in contact with staff at the different sites to inform them they're not losing anything at this point. There's no changes to services or anything along those lines. If anything, they may see a shift in their job duties to include making calls to check on clients. Right now, they will not see any changes because they are still preparing and distributing meals directly at those locations, and we will see an increase in total number of areas we can serve due to expanding into areas that we previously have not been able to serve, like Frazier Park. Again, there will be no changes in staff. Five frozen meals are delivered once each week to clients. Any new clients coming onto the Meals on Wheels program will automatically be assigned to the frozen food option. Clients who are currently on the existing hot meal program will stay in the existing program and will not be changed to frozen meals at this time. If a client in the existing program wants to stop receiving Meals on Wheels, and then decides to come back on, they will then automatically be put on the frozen meals program. They will be notified of this in advance. If clients currently on the hot meal program wants to change to the frozen meals program, they can do that, but they will not be able to return to the hot meal program. Because of the frozen meals program, there should be no waiting list.

CORRESPONDENCE:

1. None.

ACTION ITEMS:

1. **Approval of June 7, 2023, Executive Committee Minutes** – The minutes were approved. **Motion/Second/Abstention/Objection (M/S/A/O) – Snyder/Prado/L. Oswald/None. Motion carried.**
2. **Approval of July 17, 2023, Regular Meeting Agenda** - The agenda was approved with revisions. **(M/S/A/O) – Grasty/Lemucchi/None/None. Motion carried.**

ADJOURNMENT - The meeting adjourned at 2:43 p.m.

Respectfully Submitted,

Jeremy Oliver, Secretary